JHW Inspire Academy ~ Bell

Edition 2 of 6

What is SEL? (Social Emotional Learning)

Social-emotional learning (SEL) is the process of developing the selfawareness, self-control, and interpersonal skills that are vital for school, work, and life success. People with strong social-emotional skills are better able to cope with everyday challenges and benefit academically, professionally, and socially. From effective problem-solving to selfdiscipline, from impulse control to emotion management and more, SEL provides a foundation for positive, long-term effects on kids, adults, and communities.

This methodology is paramount to our mission, vision, and motto. Our students need to develop their emotional intelligence as much as their academic by building trusting relationships and establishing a safe learning.

Some of the routines we have in place to support this initiative are a daily *Mental Health Check-in*, *Social Skills mini lessons*, *Quote of the Day*, and *weekly Motivational Moments*. Coupled with Trauma Based Relational Interventions, our teachers are better equipped to address the social and emotional needs of our students every day.







Teachers need SEL, too!

During our 2021 district convocation, the Bell Teachers presented to a "Shark Tank" requesting funding for a Mindfulness Meeting Room. We were awarded 2nd Place and have begun our faculty room transformation. We are so thankful to be a part of a district that cares about the wellbeing of the students as well as the teachers!

BEFORE

AFTER



Spotlight on Math

In our math classes, students had the opportunity to create a business and calculate the cost of items sold using the y=mx+b formula in table and graphing form. They were required to create and present a business flyer advertising their product and demonstrate their math knowledge to the rest of the class. It was great to see the creativity of our students as they presented!













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Hispanic Heritage

From September 15 to October 15, we will recognize and celebrate Hispanic heritage and the cultural impact it has upon our society. Several books from our library have been displayed to promote this event, and our social studies classes will be discussing the impact on our country's growth and development. The cultural learning was extended to include *Día de los Muertos* on November 1st.







- November 9-11 ~ Interim Benchmark Assessments
- November 22-26 ~ Thanksgiving Break (no school)

• November 30th ~ Progress Reports

- December 6-10 ~ STAAR EOC Retesting
- December 17th ~ Early Release Day (11:30)
- December 20th to January 3rd ~ Winter Break (no school)

