



2020 2021 Lunch K-5  
Lunch

Anne Frank Inspire Academies

Mon	Tue	Wed	Thu	Fri
3/29/2021	3/30/2021	3/31/2021	4/1/2021	4/2/2021
<b>Main Entree</b> Nachos, Beef  <b>Grain</b> Rice, Spanish  <b>Vegetable</b> Beans, Charro, Dry Lettuce, Romaine, Tomato, Boat  <b>Fruit</b> Strawberry, Cup, Frozen  <b>Milk</b> Milk, Chocolate, FF (50 Hp) Milk, Lowfat 1%, Carton (50 Hp)  <b>Condiments</b> Salsa, Picante, Pouch (200/0.5 OZ)	<b>Main Entree</b> Pasta, Spaghetti and Meat Sauce garlic toast  <b>Vegetable</b> Garden Salad Beans, Green , Seasoned, Cnd  <b>Fruit</b> Strawberry, Cup, Frozen  <b>Milk</b> Milk, Chocolate, Milk, Lowfat 1%,	<b>Main Entree</b> Beef, Finger, Breaded  <b>Vegetable</b> Potatoes, Mashed  <b>Fruit</b> Fruit, Cocktail, Canned  <b>Milk</b> Milk, Chocolate, FF (50 Hp) Milk, Lowfat 1%, Carton (50 Hp)  <b>Condiments</b> Dressing, Ranch, Lite (100/1 OZ) Gravy, Turkey  <b>Vegetables and Vegetable Products</b> Broccoli, Chopped Frozen (12/2 LB)	<b>Main Entree</b> Sandwich, Chicken  <b>Vegetable</b> Carrot, Sticks Celery, Sticks  <b>Fruit</b> Fruit, Apple, Whole (1 Cup)  <b>Milk</b> Milk, Chocolate, FF (50 Hp) Milk, Lowfat 1%, Carton (50 Hp)  <b>Condiments</b> Dressing, Ranch, Buttermilk, Pouch (200/12 g) Ketchup, PC (1000/9 g)	<b>Main Entree</b>   <b>Vegetable</b>   <b>Fruit</b>   <b>Milk</b>   <b>Condiments</b> 
4/5/2021	4/6/2021	4/7/2021	4/8/2021	4/9/2021
<b>Main Entree</b> Cheese, Burger  <b>Vegetable</b> Beans, Green Seasoned, Carrots, Seasoned,  <b>Fruit</b> Strawberry, Cup, Frozen (96/4.5 OZ)  <b>Milk</b> Milk, Chocolate, FF (50 Hp) Milk, Lowfat 1%, Carton (50 Hp)  <b>Condiments</b> Ketchup, Mustard Mayonnaise	<b>Main Entree</b> Pizza  <b>Vegetable</b> Beans, Green Seasoned,  <b>Fruit</b> Fruit, Apple, Whole (1 Cup)  <b>Milk</b> Milk, Chocolate, FF (50 Hp) Milk, Lowfat 1%, Carton (50 Hp)	<b>Main Entree</b> Corndogs  <b>Vegetable</b> Corn, Seasoned  <b>Fruit</b> Peaches  <b>Milk</b> Milk, Chocolate, FF (50 Hp) Milk, Lowfat 1%, Carton (50 Hp)  <b>Condiments</b> Mustard, Yellow Ketchup  <b>Vegetables and Vegetable Products</b> Broccoli, Chopped Frozen	<b>Main Entree</b> Turkey and cheese sandwich chips  <b>Vegetable</b> Carrot and celery sticks  <b>Fruit</b> Sliced apples  <b>Milk</b> Milk, Chocolate, FF Milk,  <b>Condiments</b> Mayo, Mustard, ranch	<b>Main Entree</b> Pizza, Turkey Pepperoni,  <b>Vegetable</b> Carrots, Seasoned, Cnd (1/2 CUP) Corn, Seasoned  <b>Fruit</b> Fruit, Cocktail, Canned (1/2 Cup)  <b>Milk</b> Milk, Chocolate, FF (50 Hp) Milk, Lowfat 1%, Carton (50 Hp)





Mon	Tue	Wed	Thu	Fri
4/26/2021	4/27/2021	4/28/2021	4/29/2021	4/30/2021
<b>Main Entree</b> Taco Salad	<b>Main Entree</b> Pasta, Spaghetti and Meat Sauce Garlic toast	<b>Main Entree</b> Hoagie sandwich w chips	<b>Main Entree</b> [Symbol]	<b>Main Entree</b> corndogs
<b>Vegetable</b> Beans, Green Seasoned, Carrots, Seasoned,	<b>Vegetable</b> Garden Salad/pasta salad Beans, Green	<b>Vegetable</b> Corn, Seasoned	<b>Vegetable</b> Lettuce, Romaine, Tomato, Boat (1/2 Cup) Beans, Refried,	<b>Vegetable</b> Carrots, Seasoned, Cnd (1/2 CUP) Corn, Seasoned
<b>Fruit</b> Strawberries	<b>Fruit</b> Peaches, Pears	<b>Fruit</b> Oranges, apple sauce	<b>Fruit</b> Diced Pears	<b>Fruit</b> Fruit, Cocktail, Canned (1/2 Cup)
<b>Milk</b> Milk, Chocolate, Milk, Lowfat 1%,	<b>Milk</b> Milk, Chocolate, FF Milk, Lowfat 1%,	<b>Milk</b> Milk, Chocolate, FF Milk, Lowfat 1%,)	<b>Milk</b> Milk, Chocolate, FF Milk, Lowfat 1%, Carton)	<b>Milk</b> Milk, Chocolate, FF (50 Hp) Milk, Lowfat 1%, Carton (50 Hp)
<b>Condiments</b> Ketchup		<b>Condiments</b> Mustard, Yellow, PC (500/5.5 g) Mayonnaise, Reduced Calorie, PC (200/12 g)	<b>Condiments</b> Salsa, Picante, Pouch (200/0.5 OZ)	
		<b>Vegetables and Vegetable Products</b> Broccoli, Chopped Frozen (12/2 LB)		

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 3/28/2021, End = 5/1/2021)
Menu Plan	(2020 2021 Lunch K-5)