

October 2021

Milk is included with hot lunch.

All lunches are served with one serving of fruit. Cook will get what is in season and canned fruit may be served when fresh is not available.

All lunches are served with one serving of vegetables. Cook will get what is in season and canned vegetables may be served when fresh is not available.

| Mon | Tue | Wed | Thu | Fri |
|--|---|-----|-----|-----|
| | | | | 1 |
| 4 Spaghetti w/Meat Sauce Italian Bread Lettuce Salad Fruit | 5 Grilled Cheese Sandwich Tomato Soup Carrot/Apple/Raisin Salad Pudding | 6 | 7 | 8 |
| 11 Hamburgers Veggie Fries Fruit Lettuce Salad | 12 Chicken Tenders Mac & Cheese Veggies & Dip Fruit | 13 | 14 | 15 |
| 18 Pancakes w/ Syrup Cheesy Hash Brown Bake Bacon Fruit | 19 Tater Tot Taco Casserole w/ Lettuce and Tomato Veggies & Dip Fruit | 20 | 21 | 22 |
| 25 Beef Stroganoff Green Beans Fruit | 26 Chili Corn Bread Lettuce Salad Fruit "Spooky Cupcake" | 27 | 28 | 29 |