

# Elementary Menu September 2019


Queen Creek Unified School District



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>2</p>	<p>3</p> <p>Sausage &amp; Cheese Sandwich</p> <hr/> <p>Cheeseburger Chef Salad Fruit &amp; Yogurt Parfait Leaf Lettuce &amp; Tomato</p>	<p>4</p> <p>Maple French Toast Sticks</p> <hr/> <p>Teriyaki Chicken Bowl Chef Salad Fruit &amp; Yogurt Parfait Roasted Broccoli &amp; Cauliflower</p>	<p>5</p> <p>Sausage, Egg &amp; Cheese Burrito</p> <hr/> <p> Breakfast for Lunch (Cheese Omelet w/Cinnamon Roll) Chef Salad Fruit &amp; Yogurt Parfait Tater Tots Cucumber &amp; Carrots</p>	<p>6</p> <p>Breakfast BeneFIT Bar</p> <hr/> <p>Chicken Nuggets w/Fresh Roll Chef Salad Fruit &amp; Yogurt Parfait Ranch Style Beans Spring Mix Side Salad</p>
<p>9</p> <p>Breakfast Pizza</p> <hr/> <p>Cheese Pizza Chicken Caesar Salad Build Your Own Pizza Kit Fresh Broccoli</p>	<p>10</p> <p>Fresh Baked Cinnamon Roll</p> <hr/> <p>Hard Tacos or Taco in a Bag Chicken Caesar Salad Build Your Own Pizza Kit Spanish Rice Shredded Lettuce &amp; Tomato</p>	<p><i>Early Release</i> 11</p> <p>Sausage, Egg &amp; Cheese Croissant</p> <hr/> <p>Crispy Chicken Sandwich Chicken Caesar Salad Build Your Own Pizza Kit Corn Leaf Lettuce &amp; Tomato</p>	<p>12</p> <p>Cocoa Cherry Nutrition Bar</p> <hr/> <p>Whole Grain Corn Dog Chicken Caesar Salad Build Your Own Pizza Kit Ranch Style Beans Cucumber &amp; Carrots</p>	<p>13</p> <p>Potato, Egg &amp; Cheese Burrito</p> <hr/> <p>Chicken Alfredo Pasta w/Fresh Garlic Breadstick Chicken Caesar Salad Build Your Own Pizza Kit Spring Mix Side Salad</p>
<p>16</p> <p>Whole Wheat Pancakes w/Whipped Cream</p> <hr/> <p>Mac &amp; Cheese w/Pretzel Chef Salad Ham &amp; Cheese Deli Sandwich Cucumber &amp; Grape Tomatoes</p>	<p>17</p> <p>Egg &amp; Cheese Biscuit</p> <hr/> <p>Beefy Nachos w/Baked Tortilla Chips Chef Salad Ham &amp; Cheese Deli Sandwich Refried Beans Shredded Lettuce &amp; Tomato</p>	<p>18</p> <p>Fresh Baked Donut</p> <hr/> <p>Sweet &amp; Sour Chicken Bowl Chef Salad Ham &amp; Cheese Deli Sandwich Roasted Broccoli &amp; Cauliflower</p>	<p>19</p> <p>Breakfast Quesadilla</p> <hr/> <p>Popcorn Chicken w/Fresh Roll Chef Salad Ham &amp; Cheese Deli Sandwich Oven Baked French Fries Cucumber &amp; Carrots</p>	<p>20</p> <p>Mini Bagels w/Cinnamon Cream Cheese</p> <hr/> <p> Cheese Filled Breadstick Bites w/Marinara Sauce Chef Salad Ham &amp; Cheese Deli Sandwich Spring Mix Side Salad</p>
<p>23</p> <p>Cinnamon French Toast Sticks</p> <hr/> <p>Orange Chicken Bowl Chicken Caesar Salad Fruit &amp; Yogurt Parfait Roasted Broccoli &amp; Cauliflower</p>	<p>24</p> <p>Egg &amp; Chorizo Burrito</p> <hr/> <p> Chicken Quesadilla or Cheese Quesadilla Chicken Caesar Salad Fruit &amp; Yogurt Parfait Cucumber &amp; Carrot Coins</p>	<p><i>Early Release</i> 25</p> <p>Cheese Omelet w/Fresh Roll</p> <hr/> <p>Oven Fried Chicken w/Fresh Roll Chicken Caesar Salad Fruit &amp; Yogurt Parfait Mashed Potatoes &amp; Gravy Spring Mix Side Salad</p>	<p><i>Early Release</i> 26</p> <p>Honey Wheat Breakfast Bar</p> <hr/> <p>BBQ Pulled Pork Sandwich Chicken Caesar Salad Fruit &amp; Yogurt Parfait Ranch Style Beans Cucumber &amp; Tomato</p>	<p><i>Early Release</i> 27</p> <p>Ham, Egg &amp; Cheese Croissant</p> <hr/> <p>Mini Cheese Ravioli w/ Fresh Garlic Breadstick Chicken Caesar Salad Fruit &amp; Yogurt Parfait Spring Mix Side Salad</p>

*No School - Fall Break September 30<sup>th</sup> - October 11<sup>th</sup>  
School returns October 14<sup>th</sup>*



Grain items including bread, rolls, buns, pasta, tortillas and cereals are whole grain rich (contain at least 51% whole grain).  Denotes Vegetarian

**DRINKS OFFERED DAILY**

Fat Free, 1% White  
Fat Free Flavored Milk  
100% Juice

**OFFERED DAILY AT BREAKFAST**

Cereal  
Fruit & Yogurt Smoothie  
Fresh Fruit

**OFFERED DAILY AT LUNCH**

Baby Carrots  
Fresh & Canned Fruit  
Yogurt Pack & PB&J Sandwich

We provide **free or reduced priced** meals for eligible students. Please call cafeteria for details or go to [https://www.qcsud.org/Child\\_Nutrition](https://www.qcsud.org/Child_Nutrition) for Application. If you have any **questions, concerns, or comments** please contact Dustin Walker, Director of Child Nutrition - (480) 987-5983 or [dwalker2@qcsud.org](mailto:dwalker2@qcsud.org). All sites sell a la carte items that meet strict **USDA Smart Snacks** standards.

**Lunch Prices:** Reduced = \$0.40, Paid = \$2.75 **Breakfast Prices:** Free/Reduced = No Charge, Paid = \$1.50

**Payments** can be made in cash, check, or online at <https://family.titank12.com>. You can also view our **online menu and nutrition** information there.

**This institution is an equal opportunity provider**