

December 2019 Preschool Menu

Queen Creek Unified School District



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken & Cheese Taquitos Cucumber & Carrots	3 Spaghetti w/Meatballs & Fresh Garlic Breadstick Spring Mix Side Salad	4 Hot Dog on Whole Grain Bun Ranch Style Beans Fresh Broccoli	5 Popcorn Chicken & Mashed Potato Bowl Cucumber & Tomato	6 Cheese Pizza Spring Mix Side Salad
9 Chicken Nuggets w/Fresh Roll Ranch Style Beans Celery	10 Cheeseburger Leaf Lettuce & Tomato	11 Breakfast for Lunch (Cheese Omelet w/Cinnamon Roll) Roasted Broccoli & Cauliflower	12 Holiday Spiral Ham w/Fresh Roll Cheesy Potatoes Spring Mix Side Salad Whole Grain Sugar Cookie 	13 Cheese Filled Breadstick Bites w/Marinara Sauce Cucumber & tomato
16 Cheese Pizza Cucumber & Carrots	17 Crunchy Tacos Refried Beans Shredded Lettuce & Tomato	18 Homemade Chili w/Cornbread Celery	19 Chicken Alfredo Pasta w/Fresh Garlic Breadstick Spring Mix Side Salad	20 Whole Grain Corn Dog Oven Baked French Fries Fresh Broccoli

**We took the Whole
Grain Pledge!**



**We serve locally grown
produce as often as
possible**



School Returns Monday, Jan 6

Grain items including bread, rolls, buns, pasta, tortillas and cereals are whole grain rich (contain at least 51% whole grain).

Denotes Vegetarian

Lunch also includes fresh or canned fruit, baby carrots, and milk

If you have any **questions, concerns, or comments** please contact Dustin Walker, Director of Child Nutrition - (480) 987-5983 or dwalker2@qcusd.org.
This institution is an equal opportunity provider