





July 2019

Queen Creek Unified School District

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right; margin-right: 5px;">1</p> <p>Pancakes w/Syrup</p> <p>Oven Fried Chicken w/Fresh Roll or PB&J</p> <p>Spring Mix Side Salad</p>	<p style="text-align: right; margin-right: 5px;">2</p> <p>Breakfast Sausage Kolache (Pig in a Blanket)</p> <p>Build Your Own Crunchy Tacos or Deli Sandwich</p> <p>Refried Beans</p> <p>Shredded Lettuce & Tomato</p>	<p style="text-align: right; margin-right: 5px;">3</p> <p>BeneFIT Breakfast Bar</p> <p>Sweet & Sour Chicken w/Brown Rice or PB&J</p> <p>Steamed Broccoli & Carrots</p>	<p style="text-align: right; margin-right: 5px;">4</p> 	<p style="text-align: right; margin-right: 5px;">5</p> <p>Fresh Baked Cinnamon Roll</p> <p>Cheeseburger or Deli Sandwich</p> <p>Baked Potato Wedges</p> <p>Romaine Leaf Lettuce & Tomato</p>
<p style="text-align: right; margin-right: 5px;">8</p> <p>Apple Cinnamon Breakfast Bites</p> <p>Orange Chicken Bowl or PB&J</p> <p>Steamed Broccoli & Carrots</p>	<p style="text-align: right; margin-right: 5px;">9</p> <p>Egg & Cheese Sandwich</p> <p>BBQ Pulled Pork Sandwich or Deli Sandwich</p> <p>Baked Beans</p> <p>Spring Mix Side Salad</p>	<p style="text-align: right; margin-right: 5px;">10</p> <p>Pancakes w/Syrup</p> <p>Cheeseburger or PB&J</p> <p>Romaine Leaf Lettuce & Tomato</p>	<p style="text-align: right; margin-right: 5px;">11</p> <p>Cheese Omelet w/Fresh Roll</p> <p>Turkey Pot Roast w/Fresh Roll or Deli Sandwich</p> <p>Mashed Potatoes & Gravy</p> <p>Cucumber & Tomato</p>	<p style="text-align: right; margin-right: 5px;">12</p> <p>Ham, Egg & Cheese Sandwich</p> <p>Beefy Nachos or Deli Sandwich or PB&J</p> <p>Cucumber & Carrot Coins</p>
<p style="text-align: right; margin-right: 5px;">15</p> <p>Pancakes w/Syrup</p> <p> Cheese Filled Breadstick w/Marinara or PB&J</p> <p>Spring Mix Side Salad</p>	<p style="text-align: right; margin-right: 5px;">16</p> <p>Breakfast Sausage Kolache (Pig in a Blanket)</p> <p>Build Your Own Crunchy Tacos or PB&J</p> <p>Shredded Lettuce & Tomato</p>	<p style="text-align: right; margin-right: 5px;">17</p> <p>BenFIT Breakfast Bar</p> <p>Lemon Chicken w/Brown Rice or PB&J</p> <p>Steamed Broccoli & Carrots</p>	<p style="text-align: right; margin-right: 5px;">18</p> <p>Egg & Cheese Sandwich</p> <p>Cheeseburger or Deli Sandwich</p> <p>Baked Potato Wedges</p> <p>Romaine Leaf Lettuce & Tomato</p>	<p style="text-align: right; margin-right: 5px;">19</p> <p>Fresh Baked Cinnamon Roll</p> <p>Chicken or  Cheese Quesadilla or Deli Sandwich</p> <p>Refried Beans</p> <p>Cucumber & Carrot Coins</p>
<p style="text-align: right; margin-right: 5px;">22</p> <p>Sausage Biscuit</p> <p>Oven Fried Chicken w/Fresh Roll or PB&J</p> <p>Spring Mix Side Salad</p>	<p style="text-align: right; margin-right: 5px;">23</p> <p>BeneFIT Breakfast Bar</p> <p>PB&J Uncrustable</p> <p>Cucumber & Tomato</p>	<p style="text-align: right; margin-right: 5px;">24</p>	<p style="text-align: right; margin-right: 5px;">25</p>	<p style="text-align: right; margin-right: 5px;">26</p>
<p style="text-align: right; margin-right: 5px;">29</p>	<p style="text-align: right; margin-right: 5px;">30</p>	<p style="text-align: right; margin-right: 5px;">31</p>		

Grain items including bread, rolls, buns, pasta, tortillas and cereals are whole grain rich (contain at least 51% whole grain).  Denotes Vegetarian

DRINKS OFFERED DAILY

Fat Free, 1% White
Fat Free Flavored Milk

OFFERED DAILY AT BREAKFAST

Cereal
Fresh &/or Canned Fruit

OFFERED DAILY AT LUNCH

Fresh &/or Canned Fruit

Meals are FREE to any child 18 years of age or younger. **Meals must be eaten onsite.**

Boys & Girls Club QC 22557 S Ellsworth Rd. Queen Creek, AZ 85142 Breakfast - 7:30am-8:30am, Lunch 11am-12pm

Adults may purchase meals: Breakfast - \$1.75 Lunch - \$3.00.

If you have any questions, concerns, or comments please contact Dustin Walker, Director of Child Nutrition - (480) 987-5983 or dwalker2@qcusd.org.

This institution is an equal opportunity provider

Menu subject to change