

### College & Career Bulletin - March 2020

**Career Speakers** - the College and Career Center is proud to present "Lunch & Learn". These are sessions for students to come hear information on different Careers during their lunchtime. If you are interested in talking about your Career to our Lunch & Learn crowd or know someone who would, please email tschmal@qcusd.org (Tami Schmal).

#### **Speaker Schedule for March:**

3/3 – DP Electric 3/5 – Business/Compliance

3/9 - 3/20 Spring Break

3/24 – Law Enforcement 3/31 – Dental Hygienist

**Save the Date!** - Eastmark will be hosting our very own Career Fair on **April 29th**. We would like to have parents in various fields speaking with our students about their careers. If you would like to have a table at our Career Fair please contact tschmal@qcusd.org for more information.

**April 7**<sup>th</sup> we will holding a Financial Aid and College information night for Parents.

**Class Selection** – Class Selection is winding down, remember there will be no class changes after March 6<sup>th</sup>

#### **Counseling Notices:**

Are you and your child struggling to understand one another? Do you have issues you would like to resolve in a positive setting? Then come sign up for **Sanity for Families**! This is a **Conflict Resolution Program** designed to help parents and their children build positive relationships, communicate more effectively, manage emotions, and resolve disputes in healthy ways. For more information, or to sign up, **please contact School Prevention Coordinator, Dena Morgan at <a href="mailto:dmorgan@qcusd.org">dmorgan@qcusd.org</a>** 

#### **Preparing for College: Spring Tips**

#### **Junior High**

- Explore your strengths and talk to family about their careers and what they like about them
- Keep your grades up You want A's & B's Very important in Spanish and Algebra I (8th grade only). These grades will get posted on your High School Transcript
- Look for opportunities for Leadership and Responsibility

#### 9th Grade

• Visit nearby College Campuses – Research programs of interest at local & out of State colleges.

#### College & Career Bulletin March 2020 - Continued

- Look for local College Fairs to attend.
- Keep your grades up Strive for A's & B's in all classes.
- Volunteer

#### 10<sup>th</sup> Grade

- Search for summer activities that you support your areas of interest and talents.
- Get to know your Counselor
- Make plans for Spring Break to visit colleges Research programs of interest at local and out of state colleges.
- Keep your grades up Strive for A's & B's in all classes.
- Volunteer
- College Bound Athletes Go to NCAA.org and set up an account

## **Summer Planning**

**ID Tech Summer Camp** — Students get a taste of collegiate life at ASU while building in-demand skills in coding, game development, robotics, and creative arts. <u>Brochure</u> - Register with this Link <u>Registration</u>

**Barrett Honors Summer Scholars at ASU** – Deadline to apply March 2<sup>nd</sup> Application and letter of recommendation required: eoss.asu.edu/bss

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# Understanding the Influence THE TRUTH ABOUT VAPING





March 4<sup>th</sup>, 2020 Eastmark High School

#### LOCATION:

9560 East Ray Road Mesa, AZ 85212

**Library** 7:00pm - 8:00pm

## For Adults Only Content is not suitable for children

Join notMYkid for a candid conversation about fast moving substance abuse trends facing our pre-teens and teens. We will address all things related to vaping and e-cigarettes, as well as other gateway drugs. Every parent will be provided with free prevention tools that address health concerns, warning signs of use, conversation starters and practical tips on how to implement an effective family prevention plan.

