

Date Turned in: _____

Grade Prior: _____ Grade After _____ Date Grade Entered: _____

Newell Barney Middle School Absent Makeup Worksheet

In the event that you are absent from Physical Education, Fitness or Dance you will need to complete this worksheet as your makeup homework. You may choose an activity from the list below. One activity makes up for one absence. Please fill out the chart and have a parent sign and date it. For full credit it is due 1 week after you return. Choosing not to do the makeup work will result in a "0" for each absence.

***** School related practices and games do not count. *****

Student's Name: (printed) _____

Student's Teacher: _____ Class Period: _____

Dates Absent: _____ Total No. of Days _____

30 minute activities

Baseball	Gymnastics	Rollerblading	Swimming
Basketball	Horseback Riding	Skateboarding	Trampoline
Bike Riding	Housework	Skiing	Treadmill
Dance	Jogging	Snow Skiing	Walking
Hiking	Jump Rope	Soccer	Yard Work
Fitness Training	Motor Cross	Softball	Zumba

Activity		Minutes	Date

Want to cut your time in half? Ask your relatives to join you. It gives you the opportunity to have some good healthy fun together!

Yes I joined my child in some fitness fun. Initial _____

Parent's Signature: _____