February 2020

Western Valley Middle School & Santa Maria Middle School

Additional Daily Entrees:

Monday: Spicy Chicken Sandwich or Shredded Beef, Bean & Cheese Burrito, Tuesday: Cheeseburger or Hamburger, Wednesday: Pepperoni Pizza or Tuna Sandwich, Thursday: Chicken Burrito, Friday: Soft Pretzel w/ Cheese or Mini Corn Dogs

MONDAY -3	TUESDAY - 4	WEDNESDAY - 5	THURSDAY - 6	FRIDAY - 7
Turkey Hot Dog Cheeseburger Grilled Cheese Sandwich Tater Tots Chilled Mango	Orange Chicken/Rice Bowl Teriyaki Chicken/Rice Bowl Steamed Broccoli, Carrots & Cauliflower Fortune Cookie	Chicken Tenders & Roll Macaroni & Cheese Buttered Green Beans Gala & Granny Smith Apple Wedges	Chicken Tamale Chile Verde Chicken Cheese Quesadilla Mexicorn Cucumber Coins w/ Chile	Cheese Pizza Pepperoni Pizza Oven Roasted Parmesan Broccoli Florets Fresh, Diced Melons
Breakfast	***Breakfast***	***Breakfast***	***Breakfast***	***Breakfast***
Bagel w/ Cream Cheese Diced Peaches & Juice	Banana Bread Diced Pears & Juice	Breakfast on a Stick Pineapple & Juice	French Toast Mandarin Oranges & Juice	Muffin & String Cheese Tropical Fruit & Juice
MONDAY -10	**TUESDAY - 11**	**WEDNESDAY - 12**	**THURSDAY - 13**	**FRIDAY - 14**
Beefy Macaroni & Freshly Baked Bread Stick Green Chile Quesadilla 4 Way Vegetables Orange Wedges	Popcorn Chicken & Mashed Potato Bowl Breaded Fish Sandwich Buttered Corn Green Grapes	Cheesy Lasagna Roll Up w/ Garlic Toast Chicken Alfredo Pasta Italian Blend Vegetables Cottage Cheese	Turkey & Cheese Sub Tuna Sandwich Vegetable Wrap Baked Chip Variety Diced Watermelon	Heart Nuggets w/ Roll Fruit & Yogurt Parfait Hamburger Crinkle Cut French Fries Pink Heart Cookie
Breakfast	***Breakfast***	***Breakfast***	***Breakfast***	***Breakfast***
Chocolate & Oatmeal Bar Fruitocracy & Juice	Beef Sunrise Wrap Mandarin Oranges & Juice	Breakfast Pizza Fresh Apple Slices & Juice	Mini Cinnamon Rolls Diced Pears & Juice	Mini Strawberry Bagels Craisin Variety & Juice
MONDAY -17	**TUESDAY - 18**	**WEDNESDAY - 19**	**THURSDAY - 20**	**FRIDAY - 21**
No School 	Grilled Cheese & Soup Chicken Corn Dog Grilled Turkey & Cheese Potato Smiles Pasta Salad	Nachos Chicken Nachos Charro Beans Jicama Chile Sticks Baja Cream Sauce	Teriyaki Roasted Chicken w/ Buttered Biscuit Fruit & Yogurt Parfait Seasoned Potato Wedges Cole Slaw	White Pizza w/Garlic Crust Pepperoni Pizza Mixed Vegetables Tropical Fruit Fresh Oranges
	Breakfast	***Breakfast***	***Breakfast***	***Breakfast***
	Mini Maple Waffles Tropical Fruit & Juice	Bean & Cheese Burrito Diced Peaches & Juice	Go-Gurt Yogurt & Grahams Mandarin Oranges & Juice	Breakfast Sandwich Fresh Grapes & Juice
MONDAY -24	**TUESDAY - 25**	**WEDNESDAY - 26**	**THURSDAY - 27**	**FRIDAY - 28**
Bacon Cheeseburger Veg Chili & Cornbread Mini Chicken Corn Dogs Seasoned Spiral Fries Strawberries	Deconstructed Meatball Sub Red Chile Beef Burrito Baked Potato w/ Broccoli Cheese & Biscuit Garlic Roasted Vegetables	Chicken & Rice Soup w/ Texas Toast Turkey Hot Dog Bean & Cheese Burrito Steamed Broccoli	Soft Beef Tacos Fish Tacos Quesadilla Refried Beans w/ Cheese Taco Topping Station	Breaded Chicken Sandwich Cheese Pizza Seasoned Corn Cucumber Coins w/ Ranch Fresh Kiwi Wedges
Breakfast	***Breakfast***	***Breakfast***	***Breakfast***	***Breakfast***
Breakfast Bites Mixed Fruit & Juice	Apple Cereal Bar & Cheese Pineapple & Juice	Mini Blueberry Pancakes Mandarin Oranges & Juice	Fresh Baked Cinnamon Roll Tropical Fruit & Juice	Frosted Mini Wheats Fresh Banana & Juice

Milk Variety served daily during Breakfast in the Classroom and during Lunch!!

Paid Lunch: $1.60, Reduced Lunch: $.40, Adult Lunch:$2.85

Questions or Concerns? Call 623.707.2059 or visit: *www.fesd.org/Food_and_Nutrition*

This institution is an equal opportunity provider.