School Psych Corner

Week of September 23, 2019

Teacher Tips

https://www.interventioncentral.org/behavior_calm_agitated_student

Staff Shout Out

Kailey Berry

Kailey Berry is a fantastic 5th grade teacher at Tuscano Elementary. Ms. Berry takes the time to really get to know all of her students and their individual needs. Her behavior interventions are fantastic and she is always willing to try new ways to help her kids.

Way to Go Ms. Berry!

Your students are so lucky to have you!

Quote of the Week

"Do what you can with all you have, wherever you are." – Theodore Roosevelt

Technique of the Week

The phases of the Behavior Escalation Cycle

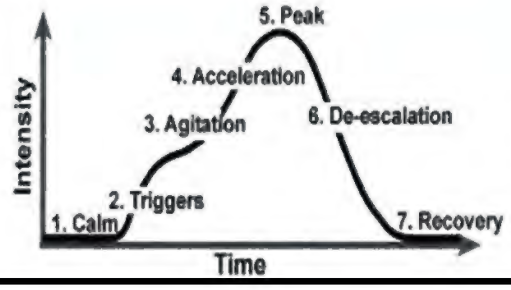
Important things to remember about the Behavior Escalation Cycle:

Acting out behavioral cycle is defined in seven phases.

Specific features at each phase should allow staff some predictability in planning for students.

Our goal is to **interrupt** the student's cycle.

Figure 2.1: Phases of Acting–Out Behavior



School-Based Triggers

- Conflicts
- Changes in routine
- Peer provocations
- Pressure
- Ineffective problem solving
- Facing errors during instruction
- Facing correction procedures

Non-School Based Triggers

- **High needs homes**
- **Health problems**
- **Nutrition needs**
- **Inadequate sleep**
- **Substance abuse**
- **Gangs and deviant peer groups**

Phase 2-Triggers

What is it?

Triggers are activities, events, or behaviors that provoke anxiety and set off the cycle of problem behavior.

What does it look like?

- Student experiences a series of unresolved conflicts.
- Repeated failures
- Frequent corrections/redirection
- Interpersonal conflicts
- Low rates of positive reinforcement

What should we do?

Intervention is focused on prevention.

Intervention is focused on prevention & redirection.

- Pre-correct before triggers are present.
- Identify the content and predictable problem behavior
- Provide Active Supervision
- Specify expected behavior
- Rehearse/practice expectations

Get to know your School Psychs!

What do you enjoy outside of work?

Jessica Fisher	Michael Martinez	Angela Leibold	Katie Ruehle
Painting/ Repurposing furniture, Spending time with my 3 kids (and hauling them to their various activities), Anything crafty/creative, Movies	Playing sports i.e. flag football, softball, and basketball., spending time with my family, binging television shows or movies, and traveling	Most of my time is spent with my 4 year old and 7 month old. We love hiking, camping, and being outdoors. I also enjoy working out and just started Crossfit! Netflix binging is also a favorite pastime.	Outside of work I enjoy reading and learning new songs on my ukulele. Also, since I'm new to the area, I enjoy exploring Arizona by hiking and visiting new restaurants.