



# Seeking care outside your Blue Cross PPO network

## What do you do if you're on vacation or traveling (or otherwise outside of the area covered by your Blue Cross PPO network of providers) and need to see a doctor?

ASBAIT has joined with Meritain to bring you coverage options outside of the BCBS network when traveling outside of the state of Arizona. This option is available to all participants on the ASBAIT plans and will provide you:

- **Choice.** Broad access to over 600,000 healthcare professionals and 3,600 hospitals.
- **Savings.** Negotiated discounts that result in significant cost savings for you, when you visit in-network providers located outside the Blue Cross service area. This helps you to maximize your level of benefits. A PHCS logo on your healthcare ID Card tells both you and your provider that a PHCS discount applies.
- **Quality.** Multiplan applies rigorous criteria when credentialing providers for participation in PHCS Healthy Directions, so you can be assured you are choosing your healthcare provider from a high-quality network.

### How to find a PHCS provider.

- Call **1.800.922.4362** or go to [www.phcs.com](http://www.phcs.com). Click on "PHCS Healthy Directions" in the "I'm searching for a provider in the following network" box. Indicate you have the words Healthy Directions on your ID Card, or this logo on the back of the card: 

Then, follow the prompts to enter your search criteria.

### Before you go.

It is your responsibility to confirm a provider's continued participation in the network, and availability under your benefit plan. Please also be sure to follow any pre-authorization procedures required by your plan (usually a telephone number on your ID Card). In addition, to ensure proper handling of your claim, always present your Meritain Health ID Card upon arrival at your appointment.

### If you need assistance.

If you encounter issues when scheduling appointments with PHCS Healthy Directions providers, or you have questions about your benefits or the status of claims, please call Meritain Health at the phone number listed on the back of your card. **6.300.8449**

This document outlines how you can receive discounts off your medical bills should you need coverage outside the Blue Cross network, outside the state of Arizona. It is important to note if you use the PHCS network outside of Arizona your medical bills are still subject to your "out of network" benefits.



[www.myMERITAIN.com](http://www.myMERITAIN.com)