



March 2020

Pre-School Menu (revised)



MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
ABC Nuggets & Bread Stick Potato Twisters Sliced Apples White Milk, 1%	Bean & Cheese Burrito Mexicorn Orange Wedges White Milk, 1%	Sloppy Joe Buttered Green Beans Sliced Peaches White Milk, 1%	BBQ Chicken & Cornbread Vegetarian Beans Watermelon White Milk, 1%	Cheese Pizza Parmesan Broccoli Pineapple White Milk, 1%
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Mini Stuffed Bagels Diced Pears 100% Apple-Cherry Juice White Milk, 1%	Banana Muffin & Cheese Fresh Grapes 100% Orange/Pine Juice White Milk, 1%	Mini Cinnamon Waffles *Mixed Fruit *100% Fruit Punch White Milk, 1%	Cheerios & String Cheese Apple/Banana Fruit Pouch 100% Orange Juice White Milk, 1%	Bean & Cheese Burrito Mandarin Oranges 100% Grape Juice White Milk, 1%

NO SCHOOL: SPRING BREAK

MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
Chicken Corn Dog Crinkle Cut Fries Sliced Gala Apples White Milk, 1%	Grilled Cheese Steamed Broccoli Green Grapes White Milk, 1%	Cheese Quesadilla Charro Beans Chilled Mango White Milk, 1%	Orange Chicken Rice Bowl Garlic Broccoli Mandarin Oranges White Milk, 1%	Chicken Nuggets Green Beans & Corn Fresh Blueberries White Milk, 1%
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Chocolate & Oatmeal Bar Applesauce 100% Orange Juice White Milk, 1%	Cinnamon Toast Cereal Blueberries & String Cheese 100% Grape Juice White Milk, 1%	Tac-Go: Egg & Sausage Fresh Apple Slices 100% Orange/Pine Juice White Milk, 1%	Go-Gurt & Crunchmania Mango 100% Apple Juice White Milk, 1%	Scrambled Eggs & Tortilla Fresh Pear 100% Apple-Cherry Juice White Milk, 1%

MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
Cheeseburger Tater Tots Fresh Orange Wedges White Milk, 1%	Chicken Spaghetti Parmesan Bread Stick Corn & Kiwi Wedges White Milk, 1%	Chicken Patty Sandwich Vegetarian Baked Beans Fresh Strawberries White Milk, 1%	Mini Chicken Corndogs Garlic Roasted Broccoli Fresh Grapes White Milk, 1%	Turkey Hot Dog French Fries Diced Honeydew White Milk, 1%
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Muffin Top: Choc Chip Mandarin Oranges 100% Grape Juice White Milk, 1%	Breakfast Burrito Fresh Apple Slices 100% Apple Juice White Milk, 1%	French Toast Craisins (regular) 100% Orange Juice White Milk, 1%	Cheesy Eggs w/ Toast Fresh Cantaloupe 100% Orange/Pine Juice White Milk, 1%	Cinnamon Crumble Orange Wedges 100% Apple-Cherry Juice White Milk, 1%

MONDAY 30	TUESDAY 31	
Cheese Pizza Buttered Corn Fresh Watermelon White Milk, 1%	Beefy Macaroni Steamed Green Beans Fresh Banana White Milk, 1%	 <h2>Did you know?!?</h2> <p>Did you know that every March is National Nutrition Month? The Fowler Foodservice Department will be providing fun handouts with tips and ideas on making better choices in both our cafeterias and at home. Did you know that we offer fresh, seasonal produce every day on our salad bars?! Every student has access to the salad bar regardless if they received a school lunch. Did you know that our menu items are kid tested and kid approved?</p>
<u>Breakfast</u>	<u>Breakfast</u>	
Toasted O's & String Cheese Peaches 100% Grape Juice White Milk, 1%	Bagel & Cream Cheese Fresh Grapes 100% Apple-Cherry Juice White Milk, 1%	

*Mixed Fruit cups contain white grape juice from concentrate, pineapple, peaches, pears

Paid Lunch: \$1.60, Reduced Lunch: \$.40, Adult Lunch: \$2.85

Questions or Concerns? Call 623.707.2059 or visit: www.fesd.org/Food_and_Nutrition

This institution is an equal opportunity provider. *menu subject to change

