





# MARCH

## Fowler, Sunridge, Sun Canyon, Western Valley and Tuscano Elementary Menu


MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
ABC Nuggets Macaroni & Trees Potato Twisters Seussville Salad Bar <b>Breakfast</b>	Soft Chicken Tacos Soft Beef Tacos Bean & Cheese Burrito Mexicorn <b>Breakfast</b>	Sloppy Joe Grilled Turkey & Cheese Green Chile Quesadilla Buttered Green Beans <b>Breakfast</b>	BBQ or Plain Roasted Chicken w/ Cornbread Veggie Wrap Vegetarian Beans <b>Breakfast</b>	Cheese Pizza Pepperoni Pizza Tuna Sandwich Parmesan Broccoli <b>Breakfast</b>
Mini Stuffed Bagels Diced Pears 100% Fruit Juice	Banana Muffin & Cheese Fresh Grapes 100% Fruit Juice	Mini Cinnamon Waffles Mixed Fruit 100% Fruit Juice	Apple Jacks Cereal Fruitocracy 100% Fruit Juice	Bean & Cheese Burrito Mandarin Oranges 100% Fruit Juice

**MONDAY 9      TUESDAY 10      WEDNESDAY 11      THURSDAY 12      FRIDAY 13**

  **No School: Spring Break**  

MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
Beef Ravioli & Garlic Toast Macaroni & Cheese Chicken Corn Dog Crinkle Cut Fries <b>Breakfast</b>	Shamrock Pepperoni Pizza St. Patrick's Parfait Steamed Broccoli Pot of Gold Salad Bar <b>Breakfast</b>	Green Chilé Chicken Stacks Cheese Quesadilla Red Chilé & Beef Burrito Charro Beans <b>Breakfast</b>	Orange Chicken Rice Bowl Beef Teriyaki Rice Bowl Garlic Broccoli Fortune Cookie <b>Breakfast</b>	Breaded Fish Sandwich Carnitas Burrito Chicken Nuggets Green Beans & Corn <b>Breakfast</b>
Chocolate & Oatmeal Bar Applesauce 100% Fruit Juice	Lucky Charms Cereal Diced Pears 100% Fruit Juice	Tac-Go: Egg & Sausage Fresh Apple Slices 100% Fruit Juice	Go-Gurt & Crunchmania Diced Peaches 100% Fruit Juice	Fresh Baked Cinnamon Roll Mixed Fruit 100% Fruit Juice

MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
Cheeseburger Grilled Cheese Sandwich Tuna Sandwich Tater Tots <b>Breakfast</b>	Chicken Spaghetti Lasagna Roll-Up Parmesan Bread Stick Fresh Kiwi wedges <b>Breakfast</b>	Chicken Patty Sandwich Mini Corn Dogs Veggie Panini Baked Beans <b>Breakfast</b>	Pepperoni Pizza Cheese Pizza Chopped Veg Salad Shaker Steamed Corn <b>Breakfast</b>	March Madness "Sweet 16" Cheesy Nachos Hot Dog on a Bun French Fries <b>Breakfast</b>
<b>NEW!</b> Muffin Top: Choc Chip Mandarin Oranges 100% Fruit Juice	Breakfast Burrito Fresh Apple Slices 100% Fruit Juice	French Toast Craisin Variety 100% Fruit Juice	Cocoa Round Peaches 100% Fruit Juice	<b>NEW!</b> Cinnamon Crumble Pineapple 100% Fruit Juice

MONDAY 30	TUESDAY 31	Did you know that every March is National Nutrition Month? The Fowler Foodservice Department will be providing fun handouts with tips and ideas on making better choices in both our cafeterias and at home.		
Vegetarian Chili Broccoli & Cheese Potato <b>NEW!</b> BBQ Chicken Cheesy Cornbread Muffin <b>Breakfast</b>	Beefy Mac w/ Breadstick Tuna Pasta Shaker Cheese Quesadilla Steamed Green Beans <b>Breakfast</b>	<p><i>Did you know?</i></p>  <p>Did you know that we offer fresh, seasonal produce every day on our salad bars?! Every student has access to the salad bar regardless if they received a school lunch. Did you know that our menu items are kid tested and kid approved?</p>		
Cereal & String Cheese Mixed Fruit 100% Fruit Juice	Bagel & Cream Cheese Fresh Grapes 100% Fruit Juice			

**Milk Variety served daily during Breakfast in the Classroom and during Lunch!!**

Paid Lunch: \$1.60, Reduced Lunch: \$.40, Adult Lunch: \$2.85

Questions or Concerns? Call 623.707.2059 or visit: [www.fesd.org/Food\\_and\\_Nutrition](http://www.fesd.org/Food_and_Nutrition)

This institution is an equal opportunity provider.

