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**From:** [Vanessa Loza](#)

**Sent:** Wednesday, April 1, 2020 1:08 PM

**To:** [Marvene Lobato](#)

**Subject:** RE: New Venue - Day Three

Hi there.

Today, as any other day, has been stressful not just for myself but also for my children. We are having to constantly readjust our daily routine, myself included, as having 2 young children that tend to 'get bored' with the same routine, while I try to balance work at the same time; it has been quite difficult to say the least. Since I am not a teacher and I'm not that creative, finding new ways to keep them occupied and yet keep their activities educational, was difficult. Thankfully, our FESD teachers, staff and administration have reached out to parents and have provided student work for us not just electronically but also hard copies. I cannot thank our teachers enough for all that they have done and continue to do for our students & community.

I must admit that there has been many mornings that neither myself or my children want to get out of bed, as we have no motivation to do anything. However, I know how important it is to stay positive and continue our daily routine just to keep some kind of normality at home, not just for my children but for my own health. This entire event has been both a curse and a blessing to me. A curse because I am unable to have face to face contact with my relatives, friends, FESD community due to the fear of this virus. A blessing, however, as I have had the time to reflect and really appreciate my family as we now, more than ever, take the time to bond with one another by doing puzzles together, reading out loud to one another, drawing and doing different activities together.

As a parent and an FESD staff member, I can't help but to think what's in store for the future... will things go back to "normal" soon? What will happen to my children's, and our FESD student's education? What can I do on my end to keep the school year moving forward? How can I help our FESD teachers & staff? I worry, I stress, I panic but then I look at my children playing and laughing in our living room and think, I need to have that same attitude! Don't stress about what may or may not happen, enjoy the present time, have fun and take it one day at a time as that this too shall pass and we will all persevere as long as we all stick together and support one another.

I look forward to being back at work with my fellow FESD members soon!!

**Vanessa Loza**

**Data Technician**

**Fowler School District**

**623-707-4532**