

March 16th 2020,

Journal

It's the first day of quarantine and my family and I are beyond confused. It's been a very hard weekend, being informed of school closures and being advised to stay home. The uncertainty has definitely overwhelmed everyone.

My first thought is my students. How are they going to get through this? How are families doing and how can I help?

After communicating with parents, knowing that they are ok and demonstrating strength gave me faith in knowing that we will get pass this.

I cannot wait for the day that this is behind us and everything returns back to normal.

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