

# Welcome!

---

---

SHERIDAN COUNTY SCHOOL DISTRICT #3

**ATHLETIC PARENT MEETING**

— —

---

---

Please remember to sign the attendance  
sheet.

# Academic Eligibility

---

- Students must maintain a 70% (C or S) or higher in 8 of 9 classes in order to be eligible to participate.
  - An “At Risk List” will be completed on Monday by 10:00 AM.
  - An “Ineligible List” will be completed by 3:00 PM on Wednesday.
  
  - Students who are ineligible will not be allowed to participate in any competitions. Students are eligible to practice; however, individual coaches may set their own eligibility policies concerning practice.
  
  - Students who are ineligible for 3 consecutive weeks will be dismissed from the team for the remainder of the season.
- 
-

# Attendance Policy

---

---

- In order to participate in a **practice** or an activity, students must be in school and attend all of their afternoon classes (**5<sup>th</sup> – 9<sup>th</sup> periods**) on the day of the practice or the activity.
  - Exceptions may include:
    1. Situations when special permission is granted by the administration prior to the absence.
    2. An excused absence due to medical appointments. Documentation from the doctor is required.
- 
-

# Athletic Training Rules

- ❖ **No use of alcoholic beverages, illicit drugs or tobacco at any time or anywhere during the season.**
  - Possession implies usage. First offense – Suspension for the remainder of the season.
- ❖ **Conduct and Behavior** During the season your behavior is to be excellent. We will not have people on any team that don't know how to act correctly. You will dress according to the dress code for all trips and for school on the day of a contest.
  - First offense-Two game or match suspension or one meet suspension
- ❖ **School Violations** Students are expected to be respectful and have no violation of school rules during school time.
  - School Service- All school service assigned for the day will be served before students are allowed to practice or play in game.
  - In-School Suspension and Friday School- No student will practice until they have completed the requirements of the suspension and will not be eligible to participate in a school sponsored event until the following day.
  - Out-School Suspension – A Student who receives Out-School Suspension will receive a one game suspension.

# Activity Bus

- All students who are planning to ride the activity bus must sign up in the office **before 1:00 p.m.**
- Students must board the activity bus before **6:15 PM.**
- Coaches will dismiss students who are signed up to ride the activity bus from practice at **6:00 PM.**
- Students have **15 minutes** to dress, gather their belongings and board the bus. It is the student's responsibility to make sure they are on time.
- If students are in Buffalo for Football or Track practice, the Buffalo Activity Bus will arrive in Clearmont by **7:00 PM** and will then continue on to Arvada.

## TRIP PROCEDURES

- Students will need to ride the bus to an away contest unless arrangements have been made with school administration **prior** to the trip.
- At the conclusion of the contest, students will only be released to their parent or guardian unless **prior** arrangements have been made with school administration.
- Parents/Guardians who would like to have their child ride home with another parent or family member must fill-out a **Liability Waiver** and have it cleared by administration **prior** to the trip. A handwritten note will no longer be accepted.
- Parents/Guardians will need to sign the students out with the coach **prior** to taking the student from the contest. This can be in the form of a written note or a sign-out sheet provided by the coach.

## Locker Room Behavior

Students are expected to conduct themselves in an appropriate manner while in the locker room.

- No profanity.
- No fighting or rough play.
- Respect other people's' property. If it is not yours – don't touch it.
- Be responsible for your own property. Lock up all of your belongings.
- Locker rooms need to be pick up after each use. Trash must be thrown away and all belongings need to be stored properly. Leave the locker room in better condition than when you arrived.

## Suggested Guidelines for Management of Concussions in Sports

### **When in Doubt, Sit them out!**

When a player is suspected to have a concussion, follow the “HEADS UP” 4-Step Action Plan

1. Remove the athlete from play.
  2. Ensure the the athlete is evaluated by an appropriate health-care professional.
  3. Inform the athlete’s parents or guardians about the possible concussion and give them information on concussions.
  4. Keep the athlete out of play the day of the injury and until an appropriate health-care professional says he or she is symptom-free and given the okay to return to activity.
-



# MEALS

---

---

SHERIDAN COUNTY SCHOOL DISTRICT #3 WILL PROVIDE THE *FIRST* MEAL OUT.

## MEAL PRICES

**Breakfast: \$7.00**

**Lunch: \$8.00**

**Dinner: \$12.00**

---

---

# AD UPDATES VIA REMIND



**FOR UP-TO-DATE INFORMATION:**

**Visit the SCSD#3 website:**

[SCSD#3 Activities](#)

# PAPERWORK

**The following paperwork needs to be complete and returned to the Athletic Office:**

1. Medical Consent / Assumption of Risk Form
2. Athletic Training Rules Agreement
3. Academic Eligibility Guidelines for Participation in Activities
4. Sport Physical (dated after May 1, of current year)
5. WHSAA Eligibility for HS Activities pamphlet (High School Students Only)

The WHSAA Student Advisory Council reminds fans and participants to use your voice to represent yourself, your team, your school and your community in a positive way – compete with class.

## “Join the RIDE!”

**Administrators:** You are the standard by which sportsmanship excellence is measured.

Consistency is key!

**Coaches:** You are the brightest beacon for good or bad sportsmanship. Be a good role model!

**Spectators:** Use your voice to represent yourself, your team, your school and your community in a positive way!

**Participants:** You are the reason everyone is there. Compete with class!

**Officials:** With your enforcement of the rules in a fair and consistent manner, the contest maintains its integrity.

# Thank You For Attending!

*This is how we **RIDE!***

***R**espect*

***I**ntegrity*

***D**edication*

***E**ncouragement*

