

Breakfast Menu

Ralph C. Mahar Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Jan 3

Assorted Cereal
Diced Peaches
Assorted Fruit Juice
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 4

Pull apart mini
cinnamon rolls
APPLESAUCE:cnnd,unswtnd,+vit C
ESIZED*
Grape Juice
MILK,1% Lowfat
MILK,Skim
Lactaid
Lactaid

Jan 5

Assorted Cereal
RAISINS
Assorted Fruit Juice
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 6

Donut Holes, WG
Orange Juice
String Cheese
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 7

Assorted Cereal
Assorted Fruit Juice
Assorted Fruit
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 10

Assorted Cereal
Assorted Fruit Juice
Assorted Fruit
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 11

Banana Bread
BANANAS
MILK,1% Lowfat
MILK,Skim
Lactaid
Merry Cherry Juice

Jan 12

Assorted Cereal
Juice, Blue Razz Ardmore
PINEAPPLE CHUNKS:canned,lt
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 13

Pull apart mini
cinnamon rolls
APPLESAUCE:cnnd,unswtnd,+vit C
ESIZED*
Grape Juice
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 14

Assorted Cereal
Keebler Bug Bite Cinnamo
Graham Crackers
Farm fresh apple
Assorted Fruit Juice
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 17

HOLIDAY

Jan 18

NO SCHOOL TODAY

Jan 19

Maple Mini Pancakes
Strawberry Yogurt
Fruit Punch
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 20

Assorted Cereal
Assorted Fruit
Assorted Fruit Juice
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 21

Scrambled Eggs, USDA frozen
HASHBROWNS
MUFFIN SQUARES
Apple Juice
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 24

Cinnabar!
Breakfast Sausage Link
Diced Peaches
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 25

Assorted Cereal
RAISINS
Assorted Fruit Juice
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 26

Donut Holes, WG
Orange Juice
String Cheese
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 27

Sweet Potato
Cinnamon Swirl Roll
Diced Pears
Assorted Fruit Juice
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 28

Sausage Egg & Cheese Sandwich
Egg and Cheese Sandwich
GRAPES,Fresh
MILK,1% Lowfat
MILK,Skim
Lactaid

Jan 31

Menu subject to change without notice due to ongoing supply chain issues.