

 The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.ecsd.myameriben.com or call 1-833-951-1376. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.ecsd.myameriben.com or call 1-833-951-1376 to request a copy.

Important Questions	Answers			Why This Matters:	
What is the overall <u>deductible</u> ?		Network	Non-Network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .	
	Per participant:	\$600	\$700		
	Per family:	\$1,300	\$2,100		
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Network</u> office visits, some <u>network preventive care</u> , and services with a <u>co-payment</u> .			This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.	
Are there other <u>deductibles</u> for specific services?	Yes. <u>Prescription drugs</u> and dental.			You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.	
			Network		Non-Network
	Prescription Drug Deductible				
	Per participant:	\$50	Not Applicable		
	Per family:	\$100	Not Applicable		
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?			Network	Non-Network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
	Per participant:	\$3,000	\$6,000		
	Dental Deductible				
What is not included in the <u>out-of-pocket limit</u> ?				Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .	
					Co-payments, <u>deductibles</u> , <u>premiums</u> , <u>balance-billed</u> charges, health care this <u>Plan</u> doesn't cover, charges in excess of benefit maximums, charges in excess of maximum allowed amounts, pre-certification penalties, and non-medically necessary services.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	<p>Yes, for medical: Anthem. See www.anthem.com or call 1-833-951-1376 for a list of <u>network</u> providers.</p> <p>Yes, for prescription drugs: IngenioRx. For a list of retail and mail pharmacies, log on to www.ingenio-rx.com or call 1-833-267-2133.</p>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

 All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$35 co-payment, deductible waived, up to \$200 per visit; then 20% co-insurance, deductible waived	40% co-insurance after deductible	<u>Co-payment</u> applies per provider, per day. Office visit <u>co-payment</u> includes diagnostic testing, labs, and x-rays performed at the office visit.
	<u>Specialist</u> visit	\$50 co-payment, deductible waived, up to \$200 per visit; then 20% co-insurance, deductible waived	40% co-insurance after deductible	
	<u>Preventive care/screening/immunization</u>	<p>Adult: No Charge, deductible waived</p> <p>Child [Up to Age Eighteen (18)]: \$35 co-payment per visit, deductible waived</p>	40% co-insurance after deductible	Benefit includes routine physical examinations, immunizations, and related labs and x-rays. Colonoscopies are not included in the <u>preventive care</u> benefit. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% co-insurance after deductible	40% co-insurance after deductible	Diagnostic testing performed in a physician's office will apply to the Office Visit benefit.

* For more information about limitations and exceptions, see the plan or policy document at www.ecsd.myameriben.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
	Imaging (CT/PET scans, MRIs)	20% co-insurance after deductible	40% co-insurance after deductible	_____none_____
<p>If you need drugs to treat your illness or condition More information about <u>prescription drug coverage</u> is available at www.ingenio-rx.com</p>	Generic drugs	Retail (30-Day Supply): \$15 co-payment/prescription Retail (90-Day Supply): \$25 co-payment/prescription Mail Order: \$20 co-payment/prescription	Not Covered	<p>Retail Supply Limit*: 30-Day or 90-Day Supply. Mail Order Supply Limit*: Up to a 90-Day Supply. *Specialty drugs are limited to a 30-day supply. A separate <u>deductible</u> will apply to <u>prescription drugs</u> per calendar year. Refer to the “Are there other <u>deductibles</u> for specific services?” row. Prior authorization, dispense as written (DAW) requirements, and step therapy requirements may apply. Not all <u>prescription drugs</u> are covered. To determine if a specific drug is covered under your <u>plan</u>, log into your account at www.ingenio-rx.com.</p>
	Preferred brand drugs	Retail (30-Day Supply): \$25 co-payment/prescription Retail (90-Day Supply): \$35 co-payment/prescription Mail Order: \$30 co-payment/prescription	Not Covered	
	Non-preferred brand drugs	Retail (30-Day Supply): \$35 co-payment/prescription Retail (90-Day Supply): \$50 co-payment/prescription Mail Order: \$45 co-payment/prescription	Not Covered	
	<u>Specialty drugs</u>	25% co-insurance after prescription drug deductible, up to \$500 per prescription	Not Covered	

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% co-insurance after deductible	40% co-insurance after deductible	Pre-certification is required. Failure to pre-certify may reduce benefits by 50% per occurrence.
	Physician/surgeon fees	20% co-insurance after deductible	40% co-insurance after deductible	
If you need immediate medical attention	<u>Emergency room care</u>	True Emergency: \$100 co-payment per visit, then 20% co-insurance, deductible waived		The co-payment will be waived if the plan participant is admitted directly to the hospital from the emergency room.
		Non-True Emergency:		
	<u>Emergency medical transportation</u>	20% co-insurance after deductible		_____none_____
	<u>Urgent care</u>	20% co-insurance after deductible	40% co-insurance after deductible	_____none_____
If you have a hospital stay	Facility fee (e.g., hospital room)	20% co-insurance after deductible	40% co-insurance after deductible	Pre-certification is required. Failure to pre-certify may reduce benefits by 50% per occurrence.
	Physician/surgeon fees	20% co-insurance after deductible	40% co-insurance after deductible	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visits: \$35 co-payment, deductible waived, up to \$200 per visit; then 20% co-insurance, deductible waived All Other Services: 20% co-insurance after deductible	40% co-insurance after deductible	_____none_____
	Inpatient services	20% co-insurance after deductible	40% co-insurance after deductible	Pre-certification is required. Failure to pre-certify may reduce benefits by 50% per occurrence.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If you are pregnant	Office visits	20% co-insurance after deductible	40% co-insurance after deductible	<p>Dependent child pregnancy is not covered.</p> <p>Depending on the type of services, a co-payment, co-insurance, or deductible may apply.</p> <p>Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).</p> <p>Pre-certification is required for inpatient stays longer than forty-eight (48) hours for vaginal delivery or ninety-six (96) hours for cesarean delivery. Failure to pre-certify may reduce benefits by 50% per occurrence.</p>
	Childbirth/delivery professional services	20% co-insurance after deductible	40% co-insurance after deductible	
	Childbirth/delivery facility services	20% co-insurance after deductible	40% co-insurance after deductible	
If you need help recovering or have other special needs	<u>Home health care</u>	20% co-insurance after deductible	40% co-insurance after deductible	Calendar Year Maximum: Forty (40) visits per plan participant.
	<u>Rehabilitation services</u>	Physical Therapy: \$25 co-payment per visit, deductible waived Occupational and Speech Therapy: 20% co-insurance after deductible	40% co-insurance after deductible	Physical Therapy Calendar Year Maximum: Twenty (20) visits per plan participant. After twenty (20) visits, additional visits are subject to a medical necessity review.
	<u>Habilitation services</u>			
	<u>Skilled nursing care</u>	20% co-insurance after deductible	40% co-insurance after deductible	Calendar Year Maximum: Sixty (60) days per plan participant. This maximum does not apply to rehabilitation facilities. Pre-certification is required. Failure to pre-certify may reduce benefits by 50% per occurrence.
	<u>Durable medical equipment</u>	20% co-insurance after deductible	40% co-insurance after deductible	_____none_____
	<u>Hospice services</u>	20% co-insurance after deductible	40% co-insurance after deductible	_____none_____

* For more information about limitations and exceptions, see the plan or policy document at www.ecsd.myameriben.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	No Charge*		*There is no deductible for vision benefits. Calendar Year Maximum: \$245 per plan participant for all eligible vision care charges combined. Includes frames, lenses, contacts, and eye exams.
	Children's glasses	No Charge*		
	Children's dental check-up	No Charge, deductible waived		Calendar Year Maximum: Two (2) per plan participant.

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other <u>excluded services</u> .)		
<ul style="list-style-type: none"> • Acupuncture • Cosmetic Surgery • Dental Care (Adult) • Hearing Aids 	<ul style="list-style-type: none"> • Infertility Treatment • Long-Term Care • Non-Emergency Care When Traveling Outside the U.S. 	<ul style="list-style-type: none"> • Orthodontia • Private-Duty Nursing (Outpatient) • Routine Eye Care (Adult) • Routine Foot Care
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan document</u> .)		
<ul style="list-style-type: none"> • Bariatric Surgery 	<ul style="list-style-type: none"> • Chiropractic Care (Limited to \$1,000 per Calendar Year) 	<ul style="list-style-type: none"> • Weight Loss Programs (Limited to Physician-Supervised Clinics)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Plan's COBRA Administrator at AmeriBen, P.O. Box 7565, Boise, ID 83707, 1-833-951-1376. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the third party administrator (TPA) to assist the plan administrator with claims adjudication. The TPA's name, address, and telephone number are:

AmeriBen
Attention: Appeals Coordination
P.O. Box 7186
Boise, ID 83707
1-833-951-1376

* For more information about limitations and exceptions, see the plan or policy document at www.ecsd.myameriben.com.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-951-1376.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-951-1376.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-951-1376.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-833-951-1376.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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* For more information about limitations and exceptions, see the plan or policy document at www.ecsd.myameriben.com.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's overall deductible</u>	\$600
■ <u>Specialist co-payment</u>	\$50
■ <u>Hospital (facility) cost sharing</u>	20%
■ <u>Other cost sharing</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$610*
Copayments	\$0
Coinsurance	\$2,300
<i>What isn't covered</i>	
Limits or exclusions	\$20
The total Peg would pay is	\$2,930

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's overall deductible</u>	\$600
■ <u>Specialist co-payment</u>	\$50
■ <u>Hospital (facility) cost sharing</u>	20%
■ <u>Other cost sharing</u>	20%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$100*
Copayments	\$1,100
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Joe would pay is	\$1,200

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's overall deductible</u>	\$600
■ <u>Specialist co-payment</u>	\$50
■ <u>Hospital (facility) cost sharing</u>	20%
■ <u>Other cost sharing</u>	20%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$600*
Copayments	\$300
Coinsurance	\$300
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$1,200

*This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

The plan would be responsible for the other costs of these EXAMPLE covered services.