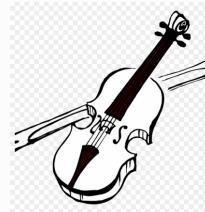
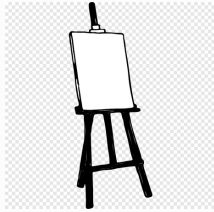




WEEKS OF SEPTEMBER 13TH AND SEPTEMBER 23RD • SEPTEMBER 2021

CREATIVE ARTS

BIWEEKLY NEWSLETTER



Español

INSTRUCTORS

PE - MR. CUNNINGHAM

ART - MRS. BOSTICK

MINDFULNESS - MRS.
METZ-NICHOLSON

SPANISH - SENORA B

VIOLIN - DR. SWANSON
/MRS. KACZMAREK

ART

MRS. BOSTICK

“Education is not the learning of facts, but the training of the mind to think” ~ Albert Einstein

Art is defined as the expression or application of human creative skill and imagination, typically in a visual form. Some examples of the visual forms include painting or sculpture, or producing works that can be appreciated primarily for their beauty or emotional power.

The overall objective for grades K-4 for the next 3 weeks is to lay the foundation of Art by discussing “COLOR”. An emphasis will be placed on learning about the 3 types of colors which are: primary, secondary & tertiary.

All Art activities will correlate to understanding the color concepts for each grade level as deemed appropriate.

I am looking forward to another amazing school year as each scholar expands his or her creativity to learn more about various Art concepts.

Have an awesome week FDS families!



PHYSICAL EDUCATION

COACH CUNNINGHAM

Hello FDS families! It has been a blast doing PE for our scholars. This week, we will work on exercises that will test reaction skills and teamwork. I am looking forward to another amazing week!

MINDFULNESS

MRS. METZ-NICHOLSON

Objective is to increase mindfulness (awareness of what is happening NOW)• Increase awareness of the body and breath: mindfulness movement to help improve coordination• Awareness of breath to calm the fight or flight response to an event that feels stressful or frightening.• Sessions are made up of 3 parts, which can be combined or separately• Mindfulness/meditation through exercises/games• Breath work (can also be presented as a game)• Physical practice (poses)

SPANISH

SENORA B

Bienvenidos! Welcome to another year of awesome Spanish Class! I am so excited to work with our scholars this year! To our returning families, it is great to see you and your scholar again. Our new families, it will be a pleasure to work with you and your child. This class will encompass culture, spanish songs, games, lots of learning and reinforcement in and out of the classroom. Most importantly, it will be FUN!! Stay tuned in for weekly updates.

VIOLIN

MRS. KACZMAREK

Start date: September 13th

Grades: Half of 2nd grade, 3rd grade, and 4th grade

DR. SWANSON

Start date: September 13th

Grades: Kindergarten, 1st grade, half of 2nd grade

