

# COUDERSPORT HIGH SCHOOL MENU: OCTOBER 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Additional Information:
<b>Breakfast and Lunch FREE for everyone</b>	Adult Lunch: \$4.00 Extra entrée: \$2.00 Milk: \$ .50			<b>October 1</b> Chicken and Biscuit Steamed Veggies Fresh Veggies Fruit Choices	<b>Daily Alternate Choices Are:</b> Chicken Patty on Roll Pizza Fresh Salads
<b>October 4</b> Buffalo Chicken Wrap Broccoli w/ Cheese Fresh Veggies Fruit Choices	<b>October 5</b> Meatballs with Marinara Buttered Noodles Dinner Roll Steamed Veggies Fruit choices	<b>October 6</b> Chicken Salad on Croissant Roasted Cauliflower Fresh Veggies Fruit Choices	<b>October 7</b> Walking Taco Refried Beans Fresh Veggies Fruit Choices Soft Pretzel	<b>October 8</b> Hot Dog (2) Oven Fries Fresh Veggie Fruit Choices	<b>Breakfast every day in Café:</b>  <b>Selection of hot items along with grab and go items. ALL breakfast served with fresh fruit/juice and milk!</b>
<b>October 11</b> <b>COLUMBUS DAY</b> <b>NO SCHOOL</b> <b>For</b> <b>Students or Teachers</b>	<b>October 12</b> Chicken and Waffles Maple Syrup Mixed Veggies Fresh Veggies Fruit Choices	<b>October 13</b> Rotini Prince Edward Blend Garlic Breadstick Fruit Choices	<b>October 14</b> Nachos w/ meat & cheese Refried Beans Churro Fresh Veggies Fruit Choices	<b>October 15</b> Toasted Cheese Tomato Soup Crackers Fruit Choices	<b>Fresh Veggies Bar Includes:</b> Green Pea, Romaine Lettuce, Baby Spinach, Cucumbers, Grape Tomatoes, Green, Red & Yellow Peppers, Chick Peas, Carrots, & Broccoli.
<b>October 18</b> Cheeseburger Sweet Potato Fries Baked Beans Fresh Veggies Fruit Choices	<b>October 19</b> Vegetable Beef Soup w/Cheesy Bread Fresh Veggies Fruit Choices	<b>October 20</b> Falcon Chicken Bowl Dinner Roll Fresh Veggies Fruit Choices	<b>October 21</b> Hot Turkey Sandwich Buttered Corn Fresh Veggies Fruit Choices	<b>October 22</b> Fish Sandwich Oven Fries Fresh Veggies Fruit Choices	FREE FOR ALL! Funding from the United States Department of Agriculture allows us to provide free breakfast and lunch to every student every day through this entire school year!
<b>October 25</b> <b>Professional Development Day</b> <b>NO SCHOOL for Students</b>	<b>October 26</b> Grilled Turkey Rachel (Rye Bread, Turkey) Buttered Corn Fresh Veggies Fruit Choices	<b>October 27</b> Rotini Steamed Veggies Garlic Breadstick Fruit Choices	<b>October 28</b> Porky Mac (BBQ pork with mac and cheese) Buttered Peas Fresh Veggies Fruit Choices	<b>October 29</b> Pancakes Sausage Hash brown Fruit Juice	<b>MILK INCLUDED WITH ALL MEALS:</b> FF Chocolate 1% White
					<b>Adult Lunch: \$4.00</b> <b>Extra entrée: \$2.00</b>