



Menu

# SEPTEMBER 2019

## Continental Elementary School

Variety of Whole Grain Cereal  
Available Every Day

Monday	Tuesday	Wednesday	Thursday	Friday
2 Every Tuesday Come and enjoy our delicious fruit smoothies!	3 Fruit Smoothies and Banana Muffin	4 Churros Grape Juice Variety of Milk	5 Oatmeal Oranges Variety of Milk	6 Pancakes Applesauce Variety of Milk
9 Waffles Oranges Variety of Milk	10 Fruit Smoothies and Scooby-Doo Crackers	11 Scrambled Eggs/Toast Grape Juice Variety of Milk	12 Blueberry Muffin Apple Juice Variety of Milk	13 WG Honey Bun Applesauce Variety of Milk
16 French Toast Peaches Variety of Milk	17 Fruit Smoothies and Super Donut	18 Breakfast Burritos Apple Juice Variety of Milk	19 WG Brownies Mixed Fruit Variety of Milk	20 Bagel/ Cream Cheese Orange Juice Variety of Milk
23 Pancake/Sausage on Stick Grape Juice Variety of Milk	24 Fruit Smoothies and Pop-Tarts	25 Cinnamon Roll Peaches Variety of Milk	26 Oatmeal Cookies Orange Juice Variety of Milk	27 Cheese Omelet Fresh Fruit Variety of Milk
30 Chocolate Chip Muffin Apple Juice Variety of Milk				



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Lubita Toscano Food Service Manager (520)625-4581 Ext 7322

Lunch \$2.30 Breakfast \$1.15 Menu is subject to change

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