



Colt News

Continental Elementary School Newsletter

March 2020



Dear Colt Families,

It is hard to believe that 4th quarter is among us! Thank you for all of your support for the Adventure Dash it was a success!

I would also like to invite parents and students to the Family Math Night that is taking place this Wednesday March 4th from 4:00-6:00 PM. Following this event from 6:00- 7:00 PM I will be putting on a AzM2 State Testing tutorial to show parents and students how to navigate through the test and answer any questions that you may have. Please bring laptops to this meeting. I look forward to seeing you there.

Important Testing Dates:

Science AIMS Testing for grades 4th & 8th will take place Tuesday March 24th
AzM2 State Testing Window (Writing, ELA, & Math) for grades 3rd -8th will take place March 31st - April 17th

Please ensure that your children are present during these important testing windows.

Sample Tests can be accessed at the following link: <https://azm2portal.org/sample-tests.shtml>

Be Kind Efforts:

Last month in the newsletter I spoke about Be Kind efforts and the importance of educating our students about what it truly means to be kind to others. To this point we have met with parents and will be starting this week on Tuesdays with recess having activities that all students can take part in. The goal is to ensure that students are staying busy, active, and that all are included.

This past month Mr. Lathen and I have had the opportunity of speaking to many students and listening to their concerns and ideas to make our school even better in regards to safe play, kind words, and helping others who seem to not have any one to play with. We have also had the opportunity to speak to parents who have shared their stories of growing up and being hurt by the words and actions of others. Thank you parents for taking your time to visit with us and share your experiences as well. It is truly important to us that we enact a positive change throughout our school. If you are interested in volunteering on Tuesdays to help us with our efforts please send me an email deanna.cuevas@csd39.org.



Your Proud Principal,

Mrs. DeAnna Cuevas

HEALTH CORNER



There have been many questions regarding our preparation for possible community transmission of the Coronavirus. While the immediate risk of the COVID-19 to the general public is believed to be low at this time, Continental ESD #39 is monitoring the situation closely. We are collaborating with the Pima County Health Department, local health department and La Posada, as needed, to ensure the health and safety of our students is maintained to the greatest extent possible. The School Superintendents' Association (AASA) is also keeping us informed and updated as new information becomes available. Our School Emergency Committee met this morning and we are doing the following immediately:

- **Making sure students wash their hands twice a day (upon entering the classroom and before lunch).**
- **Reminding students to wash their hands every time they go to the restroom.**
- **Posting hand washing procedures around the school and in all restrooms.**

A letter from Superintendent Rico will be going home today with your student with more information. If you have any questions, please feel free to call the school or school nurse at 520.625.4581.

Quality First•Child Care Health Consultant Program

1



Wet

Did you
wash them?

2



Soap



BEFORE
Leaving for the Day

3



Scrub

for 20 seconds

BEFORE&AFTER
Diapering (adult)
Eating
Play-dough
Water Play
Messy Art
Medication

4



Rinse

AFTER
Arrival at Center
Entering Room
Toileting
Diapering (child)
Coughing
Sneezing
Blowing Nose
Playing Outside
Wiping noses
Removing Gloves
Handling Garbage
Handling Pets
Handling body fluids
When Hands are visibly soiled

5



Dry

6



TurnOff

Water with a Paper Towel

A message from your Superintendent

Hello Continental Families,

Happy Springtime!

Congratulations to ALL Staff, Students and Parent/Guardians on your conscious efforts to get the diagnostics started on IXL!

Students have already made substantial progress in one month! **AMAZING!**
Students have mastered 2,461 more skills from Feb.-March



Students have increased skill proficiency by 2,775 from Feb- March
Completing and updating the diagnostic will help students work on needed skills rather than practicing random skills. **KEEP UP THE GREAT WORK!**

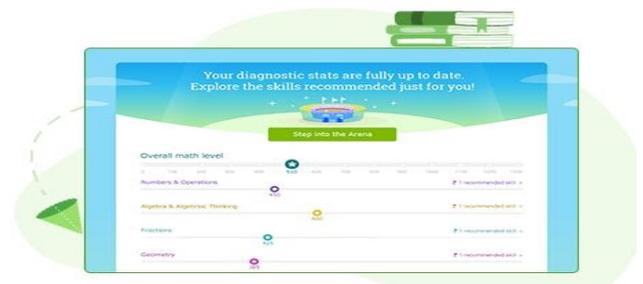
Learning Diagnostic Analytics Resources Account management

The IXL Real-Time Diagnostic

Walk into the classroom every day, and understand exactly what students know and precisely what to do next to help them improve.

Accurately assess student knowledge

Get a comprehensive portrait of your students' knowledge with IXL's Real-Time Diagnostic, which pinpoints students' grade level proficiency in key math and language arts strands.



If you have any questions on IXL please contact your child's teacher. Office staff have access to student passwords if needed.



Spring Parent Conferences will take place on Wednesday March 25th (early release day) or during that week **if needed**. Elementary teachers are meeting with parents of students who are below or struggling meeting grade level standards. Middle School teachers will be meeting with parents and students who are receiving 3 or more D's and F's. It is very important that you continue to communicate with your child's teachers in order to ensure adequate progress.

Things you can do to help:

- Ensure students are in school and on time everyday
- Set a goal of 15 min. 3 x's a week of IXL practice- Reading and Math primarily
- Review Action Plan for your child on IXL for specific problems they are struggling with
- Keep reading to your child daily and ensure they are reading a good book! Have book and school discussions with them.
- Log into ADE website to take an AZMerit Sample test- azed.gov- type AZ-Merit Sample Test in the search button to access sample tests. You DO NOT have to establish a username or password- please contact our Principal Deanna Cuevas if you have any questions. deanna.cuevas@csd39.org

Parent Climate surveys will be emailed to you upon return of Spring Break! Please make sure you fill out the survey in order to best help us reflect on our year and to make any changes or improvements for our students and school! **EVERY VOICE MATTERS!**

Again, Thank you for all that you do for your continued support of your children and our school!

Your proud Superintendent,
Roxana D. Rica

COUNSELOR'S CORNER

Dear Colt Families,

I can't believe we are down to the last stretch of 3rd quarter! I would like to introduce you to my intern, Elizabeth Scott, who will be with us on Tuesdays and Thursdays from now until the end of the school year. She is from the Boston area. She moved to Green Valley in 2018 with her husband and is currently completing her M.A. in School Counseling at the U of A. She was a secondary school theatre and English teacher for many years. Elizabeth will be graduating in 2022 and hopes to work as a Drama Therapist and School Counselor.

This month counseling lessons will be on the topics of Being a Good Citizen, Test Taking Skills, and Mindfulness/Meditation. We are very excited to announce our school will be opening up our Zen Den this month!! The Zen Den is a Multi-functional room that is devoted to use for counseling lessons, counseling small groups, and sensory breaks. It's a quiet space dedicated for all students to use at designated times. Because of the higher need to teach emotional regulation and the rise of stress/anxiety in schools, there is a need for students to have a peaceful

place to relax, unwind, and regather themselves before heading back to class. We will also be offering this space for middle schoolers during their lunch times on Tuesdays and Thursdays.

With the AzMerit coming up, it is very important that students are getting a good 8-9 hours of restful sleep so they feel rested and alert for the test. A hearty, healthy breakfast is also important to make sure they are focused and energized and have that extra power boost to get them through the morning testing. Please make sure students are getting time to relax and unwind also after a long day of testing. Things like going for a family walk, being outside in nature, and creating fun family time is really important.

I hope you all have a fun and safe Spring Break with family and friends! When we return, we will all be rested and ready to rock the last quarter of school! :)

Sincerely,
Kris Godfryt, M.S.
School Counselor





Save the Date

CAREER DAY MAY 13, 2020!

If you are interested in sharing in this educational experience please call Monica Molina at (520)625-4581 or email: monica.molina@csd39.org



Spring Picture Day is Monday, March 9.



Builder's Club will have a Talent Show on March 12th at 12:45pm in the Gym. Contestants in grades 1-8 will practice after school on Tuesday, March 10 and Wednesday, March 11, contestants will be parent pick up.

Reminder there is no school on Friday, March 13 for Records Day.



Important Dates To Remember

- Mar. 4- Math Night 4-6pm all grades
- Mar. 5- PTC Meeting 4-5pm
- Mar. 6- 3rd Qtr Sports Assembly
- Mar. 9-Spring Picture Day all grades
- Mar. 9- Governing Board Meeting 6pm
- Mar. 11- Make Way for Books 5-8pm
- Mar. 12- Builder's Club Talent Show
- Mar. 13- No School/Records Day
- Mar. 13- Volunteer Brunch
- Mar. 16-20- No School—Spring Break
- Mar. 25- Colt of Month Assembly
- Mar. 25- Early Dismissal at Noon
- Mar. 26- Quail Creek Golf Tournament
- Mar. 27- Tortuga Golf Outing
- Mar. 27- Colt Buck Store
- Mar. 27- Birthday Books