

September 2020 Breakfast Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 Banana Bread Fruit Assorted Milk Fruit Juice (445 Cal, 80 Carbs)	2 w.g Bagel Fruit Assorted Milk Fruit Juice (455 Cal, 70 Carbs)	3 Yogurt w.g Graham Crackers Fruit Assorted Milk Fruit Juice (415 Cal, 60 Carbs)	4 Pancakes Fruit Assorted Milk Fruit Juice (525 Cal, 80 Carbs)	5
6	7 Labor Day	8 w.g Bagel Fruit Assorted Milk Fruit Juice (455 Cal, 70 Carbs)	9 w.g Cereal Bar Fruit Assorted Milk Fruit Juice (445 Cal, 80 Carbs)	10 Banana Bread Fruit Assorted Milk Fruit Juice (405 Cal, 70 Carbs)	11 Waffle Fruit Assorted Milk Fruit Juice (525 Cal, 80 Carbs)	12
13	14 w.g Cereal Bar Fruit Assorted Milk Fruit Juice (445 Cal, 80 Carbs)	15 Pancakes Fruit Assorted Milk Fruit Juice (525 Cal, 80 Carbs)	16 Yogurt w.g Graham Crackers Fruit Assorted Milk Fruit Juice (415 Cal, 60 Carbs)	17 w.g Bagel Fruit Assorted Milk Fruit Juice (455 Cal, 70 Carbs)	18 Banana Bread Fruit Assorted Milk Fruit Juice (405 Cal, 70 Carbs)	19
20	21 w.g Cereal Fruit Assorted Milk Fruit Juice (445 Cal, 80 Carbs)	22 w.g Chocolate Muffin Fruit Assorted Milk Fruit Juice (405 Cal, 70 Carbs)	23 w.g Banana Bread Fruit Assorted Milk Fruit Juice (415 Cal, 60 Carbs)	24 w.g Bagel Fruit Assorted Milk Fruit Juice (455 Cal, 70 Carbs)	25 Yogurt w.g Graham Crackers Fruit Assorted Milk Fruit Juice (415 Cal, 60 Carbs)	26
27	28 W.g Cereal Bar Fruit Assorted Milk Fruit Juice (420 Cal, 55 Carbs)	29 Pancakes Fruit Assorted Milk Fruit Juice (525 Cal, 80 Carbs)	30 w.g Banana Bread Fruit Assorted Milk Fruit Juice (405 Cal, 70 Carbs)			

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All breakfast are served with 100% Fruit Juice.