

St. Johns Pacers Walking Group



Mondays and Wednesdays
7:30 am—8:30 am at The BUB

ALL ARE WELCOME!

For more information call
Irene 337-7929 or Sarah 337-7924

Sponsored by
Apache County Public Health Services District
Bureau of Chronic Disease and Health Promotion

COME WALK WITH US!

WALK AT YOUR
OWN PACE...

BEGIN YOUR
JOURNEY TO
BETTER HEALTH
TODAY!

