



COVID-19 “Now What” Flow Chart

I just found out...

Symptoms of COVID-19

In Children:

- Fever 100.4 F or higher
- New Cough – different from baseline
- Diarrhea/Vomiting

In Adults:

- Fever 100.4 or higher or feeling feverish (chills or sweating)

In Adults continued:

- New Cough – different from baseline
- Shortness of breath
- Diarrhea/Vomiting
- Muscle/Body Aches
- New loss of taste or smell

I'm COVID-19 positive

- Follow Home Isolation instruction
- Contact supervisor or school office

May return to school when:

24 hours with no fever (no use of fever-reducing medication), Other symptoms have improved, **and** At least 10 days have passed since symptoms first appeared. For persons who never developed symptoms, isolation can be discontinued 10 days after date of testing positive

I've been exposed/had close contact with someone who is COVID-19 positive

- Follow Home Quarantine instruction
- Contact health care provider and supervisor or school office
- Get tested for COVID-19
- Self-monitor for COVID-19 symptoms

If test positive for COVID-19

Begin Home Isolation (see steps for COVID-19 positive)

May return to school when:

- Home Quarantine for 10 days from last date of exposure
- If test negative for COVID-19, must still complete all 10 days of quarantine
- If fully vaccinated against COVID-19 (2 weeks after 2nd vaccine or 2 weeks after 1st when only one required) and have no symptoms, no need to quarantine.

I have been exposed/had close contact with someone who was exposed to COVID-19

Practice steps to stay healthy:

- Physical distance 6 feet
- Wear a face covering
- Wash hands often with soap & water for 20 seconds or use hand sanitizer with 60% alcohol
- Avoid touching eyes, nose & mouth

May return to school immediately

No restrictions



I have one or more symptoms consistent with COVID-19

- Symptomatic individual must go home as soon as possible. If home already, please stay home and call your supervisor.
- Contact supervisor or school office
- Supervisor/office to contact health assistant/nurse for follow-up.
- Health assistant/nurse to use decision pathway and contact symptomatic individual. Please consult with district nurse prior to giving instructions to symptomatic individual.

May return to school when:

- Tests negative (molecular) for COVID-19, fever free for 24 hours (without use of fever-reducing medication), and improved symptoms

OR

- Doctor confirms symptoms are not consistent with COVID-19 and gives date to return to school.

**If symptomatic individual does not seek medical care/testing, they will be required to stay isolated at home until fever free for 24 hours, improved symptoms, and 10 days from symptom onset per Public Health.*

A "**close contact**" is any of the following people who were exposed to a symptomatic person during the 48hrs before their symptoms started and the 10 days afterward:

- a. An individual who was within 6 feet of the infected person for a total of 15 minutes or more within a 24-hour period
- b. An individual who had unprotected contact with the infected person's body fluids and/or secretions, for example, being coughed or sneezed on, sharing utensils or saliva, or providing care within 6ft of the symptomatic person.

Please be sure to request a **COVID-19 molecular test** when testing due to symptoms of COVID-19. A negative Antigen test for symptomatic individuals will need to be confirmed with a negative molecular test.