COVID-19 “Now What” Flow Chart

I just found out...

Symptoms of COVID-19

In Children:
- Fever 100.4 F or higher
- New Cough – different from baseline
- Diarrhea/Vomiting
In Adults:
- Fever 100.4 or higher or feeling feverish (chills or sweating)

May return to school when:
24 hours with no fever (no use of fever-reducing medication), Other symptoms have improved, and At least 10 days have passed since symptoms first appeared. For persons who never developed symptoms, isolation can be discontinued 10 days after date of testing positive.

I’m COVID-19 positive
- Follow Home Isolation instruction
- Contact supervisor or school office

I’ve been exposed/had close contact with someone who is COVID-19 positive
- Follow Home Quarantine instruction
- Contact health care provider and supervisor or school office
- Get tested for COVID-19
- Self-monitor for COVID-19 symptoms

May return to school when:
- Home Quarantine for 10 days from last date of exposure
- If test negative for COVID-19, must still complete all 10 days of quarantine
- If fully vaccinated against COVID-19 (2 weeks after 2nd vaccine or 2 weeks after 1st when only one required) and have no symptoms, no need to quarantine.

If test positive for COVID-19
- Begin Home Isolation (see steps for COVID-19 positive)

May return to school immediately
- No restrictions

Practice steps to stay healthy:
- Physical distance 6 feet
- Wear a face covering
- Wash hands often with soap & water for 20 seconds or use hand sanitizer with 60% alcohol
- Avoid touching eyes, nose & mouth

In Children:
- Fever 100.4 F or higher
- New Cough – different from baseline
- Diarrhea/Vomiting

In Adults continued:
- New Cough – different from baseline
- Shortness of breath
- Diarrhea/Vomiting
- Muscle/Body Aches
- New loss of taste or smell
I have one or more symptoms consistent with COVID-19

- Symptomatic individual must go home as soon as possible. If home already, please stay home and call your supervisor.
- Contact supervisor or school office
- Supervisor/office to contact health assistant/nurse for follow-up.
- Health assistant/nurse to use decision pathway and contact symptomatic individual. Please consult with district nurse prior to giving instructions to symptomatic individual.

May return to school when:

- Tests negative (molecular) for COVID-19, fever free for 24 hours (without use of fever-reducing medication), and improved symptoms

OR

- Doctor confirms symptoms are not consistent with COVID-19 and gives date to return to school.

*If symptomatic individual does not seek medical care/testing, they will be required to stay isolated at home until fever free for 24 hours, improved symptoms, and 10 days from symptom onset per Public Health.

A “close contact” is any of the following people who were exposed to a symptomatic person during the 48hrs before their symptoms started and the 10 days afterward:

a. An individual who was within 6 feet of the infected person for a total of 15 minutes or more within a 24-hour period
b. An individual who had unprotected contact with the infected person’s body fluids and/or secretions, for example, being coughed or sneezed on, sharing utensils or saliva, or providing care within 6ft of the symptomatic person.

Please be sure to request a COVID-19 molecular test when testing due to symptoms of COVID-19. A negative Antigen test for symptomatic individuals will need to be confirmed with a negative molecular test.

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