Mental Health and other Resources for Santa Clarita Valley and Surrounding Areas

- **Child & Family Center, Santa Clarita**

- **College of the Canyons Student Health & Wellness Resource Website:**
  [http://www.canyons.edu/Offices/Health/Pages/Community-Referral-Sources.aspx](http://www.canyons.edu/Offices/Health/Pages/Community-Referral-Sources.aspx)

- **Compassionate Solutions, Newhall**
  [www.compassionatesolutionsscv.com](http://www.compassionatesolutionsscv.com)

- **Dynamic Interventions**

- **Henry Mayo Newhall Hospital Behavioral Health**
  Free and Confidential MH Screening Website:
  [http://screening.mentalhealthscreening.org/#/henrymayo](http://screening.mentalhealthscreening.org/#/henrymayo)

- **Mental Health America**
  [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)

- **National Child Traumatic Stress Network**

- **National Council for Community Behavioral Healthcare**
  [www.thenationalcouncil.org](http://www.thenationalcouncil.org)

- **National Institute for Mental Health**
  [www.nimh.nih.gov](http://www.nimh.nih.gov)

- **National Suicide Prevention Lifeline at 1-800-273-TALK**
  [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

- **Reachout.com**
  [https://au.reachout.com/](https://au.reachout.com/)

- **Substance Abuse & Mental Health Services Admin.**
  877-726-4727
  800-847-4889

- **SAMHSA** Site for Coping with Disaster and Traumatic Events:
  [http://www.samhsa.gov/trauma/?from=carousel&position=1&date=02282012](http://www.samhsa.gov/trauma/?from=carousel&position=1&date=02282012)

- **Santa Clarita City Family Education Resources Page**

- **Student Mental Health Link to Information**
  [https://www.affordablecollegesonline.org/college-student-mental-health/](https://www.affordablecollegesonline.org/college-student-mental-health/)

- **SCV Youth Project**
  (661) 257.YOUTH (9688)
  [www.helpnothassle.org](http://www.helpnothassle.org)

- **Stop Bullying**
  [www.stopbullying.gov](http://www.stopbullying.gov)

**ACCESS (DMH Mental Health Hotline)**
(800) 854-7771

**Asian Pacific Counseling & Treatment Center**
(818) 267-1100

**Bullying & School Violence Advocacy Program**
(866) 232-4376

**Central Valley Youth & Family Center**
(818) 574-7745

**Child & Family Center, Santa Clarita** *(Children, Youth and Adults)*
(661) 259-9439

**Child and Family Guidance Center – Northridge**
(818) 993-9311

**College of the Canyons Student Health & Wellness Center**
- Valencia (661) 362-3259
- Canyon Country (661) 362-3812
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Counseling 4 Kids</td>
<td>(818) 441-7800</td>
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<tr>
<td>Counseling West - Adult and Children</td>
<td>(818) 990-9898</td>
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<tr>
<td>Department of Children &amp; Family Services</td>
<td>(818) 904-8300</td>
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<tr>
<td>Department of Mental Health (DMH) ACCESS Line (PMRT):</td>
<td>(800) 854-7771</td>
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<tr>
<td>Didi Hirsch – Children &amp; Adult Mental Health &amp; Substance Abuse</td>
<td>(888) 807-7250</td>
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<td>Domestic Violence Center of SCV Crisis Hotline</td>
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<td>El Centro de Amistad</td>
<td>(818) 898-0223</td>
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<tr>
<td>El Nido Family Centers</td>
<td>(818) 830-3646</td>
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<tr>
<td>Family Focus Resource Group</td>
<td>(661) 294-9715</td>
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<tr>
<td>Gay, Lesbian, Bisexual &amp; Transgender (GLBT) National Hotline</td>
<td>(888) 843-4564</td>
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<td>Grace Baptist Church</td>
<td>(661) 296-8737</td>
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<tr>
<td>Hathaway-Sycamores</td>
<td>(818) 896-2255</td>
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<tr>
<td>Henry Mayo Newhall Hospital Behavioral Health</td>
<td>(661) 200-1080</td>
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<tr>
<td>Kaiser Behavioral Health Help Line</td>
<td>(800) 900-3277</td>
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<tr>
<td>Los Angeles Child Guidance Clinic</td>
<td>(323) 373-2400</td>
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<tr>
<td>Mission City Community Network, Inc. – Medication</td>
<td>(818) 830-1008</td>
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<tr>
<td>National Alliance for the Mentally Ill (NAMI)</td>
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<tr>
<td>National Mental Health Information Center</td>
<td>(800) 789-2647</td>
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<tr>
<td>Olive View Urgent Care for Mental Health</td>
<td>(818) 485-0888</td>
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<tr>
<td>Penny Lane</td>
<td>(818) 892-3423</td>
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<tr>
<td>Prima Pediatrics – Medication Evaluation</td>
<td>(661) 424-9000</td>
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<tr>
<td>Regional Center (North Los Angeles County Regional Center)</td>
<td>(661) 775-8450</td>
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<tr>
<td>San Fernando Mental Health Center - County DMH</td>
<td>(800) 448-7097</td>
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<tr>
<td>San Fernando Valley Community Mental Health Center</td>
<td>(818) 901-4830</td>
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<tr>
<td>Santa Clarita Mental Health</td>
<td>(661) 288-4800</td>
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<tr>
<td>Santa Clarita Valley Food Pantry</td>
<td>(661) 255-9078</td>
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<tr>
<td>Santa Clarita Valley Service Center</td>
<td>(661) 254-0070</td>
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</tbody>
</table>
Santa Clarita Valley Youth Project (661) 257-9688
Single Mothers Outreach (661) 288-0117
Sheriff Dept (LASD in SCV) 911 or (661) 255-1121
The Help Group (800) 854-7771
The Village and Family Services and Youth Drop-In Center (818) 755-8786
Turning Point Alcohol & Drug Education Program, Inc. (323) 296-1840
Urgent Mental Health Care – Olive View (DMH) In Sylmar (818) 485-0888
USC Telehealth (866) 740-6502
Valencia Counseling Associates (661) 259-8200
Valley Child Guidance Center - Palmdale (661) 265-8627
Valley Coordinated Children's Services (818) 708-4500
Valley Prevention & Treatment Center - Children & Adults (661) 251-1023
Strengths United (formerly Valley Trauma Center) (661) 702-0000

Other Services/Support Groups
ACTION Family Counseling (800) 367-8336
A Light of Hope Ages 13-30 www.alightofhopescv.org (661) 513-4325
Alcoholics Anonymous (661) 259-0802
Behavioral Learning Center www.blcca.com (661) 775-8450
Because I Love You (Parents & Youth Support Groups) (818) 882-4881
Bridge to Home Client Services Center (661) 254-4663
DCFS Child Protection Hotline (800) 540-4000
Domestic Violence Hotline Admin (661) 259-8175 Hotline (661) 259-4357
Health Resource Center on Domestic Violence (888) 792-2873
National Council On Alcohol & Drugs (661) 253-9400
Salvation Army Services (661) 799-5841
Santa Clarita Valley Senior Center scv-seniorcenter.org (661) 259-9444
SCV Pregnancy Center (Screening, options counseling) (661) 255-0082

Psychiatrists
Basta, Fawzy, M.D. (Adolescent & Adults) (818) 886-5628
Berglund, Robin, M.D. (818) 784-4706
Best, Andrea, M.D. (661) 259-5972
Daniels, Marsha, M.D. (818) 995-7848
Li, Eric M.D. (310) 442-9449
McDonald, Mark, M.D. (310) 954-9564
Steinberg, Lance, M.D. (818) 224-3540
**Licensed Psychologists – All listed below will see Adults & Children**

- Adachi, Lauri, LEP  Compassionate Solutions, Newhall  (661) 255-2688
- Aronin-Hausman, Ann, MA, LEP, MFT  (661) 287-0124
- Child & Family Center Family Wellness Program  (661) 259-9439
- Criss-Hagerty, Julie, Ph.D.  (661) 287-9751
- Dynamic Interventions  (661) 257-1254
- Hamlin, Greg, Ph.D.  (661) 347-2130
- Dunbar, Nancy, Ph.D.  (661) 288-2324
- Harter, Karen, Ph.D.  (818) 734-9330
- Jacobs, Courtney, Ph.D.  (818) 382-1998
- Mahler, Bonnie, Ph.D.  (661) 260-3131
- Peters, Glenn Psy.D:  (818) 475-2666
- Steinman, Lynne, Ph.D. (Adults only)  (661) 259-0144
- Theberge, Denise, Ph.D.  (661) 254-3577
- Witkin, Michelle, Ph.D.  (661) 753-3987

**Licensed Marriage Family Therapist or Licensed Clinical Social Worker**

- Child & Family Center Family Wellness Program  (661) 259-9439
- Betty, Nicholas, Ph.D., LMFT  (661) 513-4396
- Cotcher, Stephanie, LMFT  (661) 513-4514
- Crawford, Lori, LCSW  (661) 993-2645
- Diaz, Dilyse, LMFT (Spanish)  (661) 904-0113
- Janes, Claudia, MFT  (661) 645-8282
- Jensen, Chris, LMFT  (661) 367-1333
- Jones, Christopher C., CAGS Dynamic Intervention  (661) 257-1254
- King, Walter, M.ED, MFT  (661) 287-9337
- Laraway, Julie, LMFT  (661) 236-8925
- Lumaya, Jeffrey, LCSW  (661) 733-4434
- Lutness, Carole, LCSW  (661) 755-7524
- Meek, Helen, MFT  (661) 259-6100
- Miller, Bree, LMFT  (323) 842-5382
- Posalski, Richard, LCSW  (818) 773 9988
- Reed, Debbie, M.S., MFT  (661) 287-4243
- Schultz, Wendy, MFT  (661) 297-0362
- Strong, Charlotte, LCSW  (661) 713-7798

**Family Guide – suicide prevention:**

**Local Resources for Food, Shelter, etc.:**