

**Smethport Area School District  
Athletics Health and Safety Plan  
“Athletics, Extra Curricular & After School Activities”  
2020/2021  
August 10, 2020**

**I Pandemic Coordinator and Pandemic Team**

Coordinator: David E. London, Superintendent  
Team Members: Kristin Zona, Elementary Principal  
Brice Benson, High School Principal  
Julia Anderson, SASD Special Education Director  
Susan Jordan, SASD Business Manager  
Greg Rounsville, SASD Building and Grounds Director  
Kevin Kolivoski, SASD IT Director, Parent  
Dr. Jason Tronetti, SASD Board of Directors, Parent  
Erica Zeigler, Food Service Manager, Nutrition Inc.  
Amy Costa, School Nurse, Parent  
Jamie Colley, School Nurse  
Jim Alfieri, SAEA President, Teacher  
Jerry McKeirnan, SASD Bus Contractor  
Christy Olson SASEA President, Aide, Parent  
Rick Woodring, Athletic Director  
Sarah Smith, YMCA, Parent  
Marie Tarbox, Teacher  
Melissa Obrien, Athletic Trainer

## II. Athletics Health and Safety Plan Overview

SASD Athletics Health and Safety Plan (SASD AHSP) is a plan included inside the larger, Health and Safety Plan for “Return to School” in 2020/2021. SASD AHSP also includes guidelines for extracurricular and after school activities. The SASD AHSP requires that Smethport Schools are open and on a full return to school.

## III. SASD AHSP Plan Details

### Notice

The following resolution was passed by the SASD Board of School Directors on July 8, 2020. This resolution applies to all plans included in the SASD Athletic Health and Safety Plan.

***This Athletic Health and Safety Plan shall be automatically amended or superseded by any applicable statute or order of the Commonwealth of Pennsylvania affecting its requirements.***

### A. SASD AHSP within Return to School Plan A

#### **Extra-Curricular Activities, Athletics, Physical Education, and other Programs**

- Protocols for in-house sporting activities, (including recess and physical education classes) clubs, projects, marching band, chorus, the YMCA After School and YMCA Summer programs, and after school activities must be consistent with the [CDC Considerations for Youth Sports](#). Please see Appendix D.
- The following guidelines apply to Fall 2020 school activities: Fall 2020 activities may start August 10, 2020 with heat acclimation activities and August 17, 2020, for Fall Sports practices

- All coaches/advisors must attend a meeting with the Athletic Administration prior to starting their programs. Coaches then must meet with student athletes and parents prior to starting their Fall programs.
- All questions in reference to Fall season, in-person sports activities and related to COVID-19 should be directed to the superintendent, high school principal and/or athletic director. The Superintendent, David London will serve as the primary point of contact. Mr. London can be contacted at 814-887-5543 or at [dlondon@smethportschools.com](mailto:dlondon@smethportschools.com)
- Notice to Parents/Guardians: Participation in, in-person sports activities, and participation in sports in general, is voluntary. While the District will implement this plan and its guidelines to the best of its ability, the District cannot ensure that your child will not be exposed to COVID-19 while participating. As a parent, you must consider your child's and your family's unique circumstances (medical and otherwise) and make a determination as to whether or not you will permit your child to participate and assume any associated risks of participation. Please also be advised that, in order to protect the health and safety of all student athletes and staff members, your child plays an important role by complying with these guidelines and you, as a parent, play an important role in educating your child about the importance of these guidelines and the importance of practicing good habits to prevent the spread of viruses.
- Notice to Volunteers: While the District will implement this plan and its guidelines to the best of its ability, the District cannot ensure that you will not be exposed to COVID-19 while participating in summer preseason and/or in-person sports activities. You must take into account your own and your family's unique circumstances (medical and otherwise) and make a determination as to whether or not you would like to volunteer and assume any risks associated with your participation in Summer preseason, or regular season in-person sports activities.
- For interscholastic sports and competition: SASD will follow guidance provided by the PIAA. To conduct games, practices, OTA's, meetings, and activities, school organizations, clubs, and teams authorized to conduct in-person activities must adhere to the following:
  - a. Coaches and advisors must review and consider the CDC guidance to modify activities to mitigate the spread of COVID-19. This includes focusing on individual skill building and conditioning versus competition and limiting contact in close contact sports. Only student athletes, activity participants, and staff members are permitted to be at activities. Parents and spectators will not be permitted to attend the event. For purposes of this plan, the term "staff members" shall mean Board approved coaches and Board approved volunteers.

- b. Staff Members must screen and monitor student athletes/activity participants and themselves for COVID-19 symptoms: **cough, fever (100 degrees and above), chills, muscle pain, shortness of breath/difficulty breathing, sore throat, new loss of taste or smell, headache, diarrhea, repeated shaking with chills**, prior to, and during, activities based on guidance and training provided. Screenings, as well as attendance, should be done outside when possible, prior to entering the building. If an individual participating in an activity exhibits any symptoms, arrangements must be made to safely send that person home immediately. Individuals, who have symptoms that last for 24 hours or less after their first onset, are permitted to return to regular school when symptom free and fever free (less than 100 degrees) for 72 hours without fever reducing medications. Individuals, who have symptoms that last for 24 hours or more, are permitted to return to regular school 10 days after their symptoms subside. All individuals are encouraged to receive a note of clearance from their physician or primary care provider prior to returning to regular school after exhibiting symptoms. Coaches and advisors must maintain daily attendance logs that legibly identify each student athlete or activity participant and staff member in attendance for an activity. An individual record of each screening should be completed by the athletic trainer, coaches, and/or advisor and sent to/maintained by the athletic trainer. The principal and/or superintendent must be notified if a screening results in a student being sent home.
- c. If a student or staff member is not feeling well or is exhibiting the following symptoms: **cough, fever (100 degrees and above), chills, muscle pain, shortness of breath/difficulty breathing, sore throat, new loss of taste or smell, headache, diarrhea, repeated shaking with chills**, he/she should not report to school activities. Individuals, who have symptoms that last for 24 hours or less after their first onset, are permitted to return to regular school when symptom free and fever free (less than 100 degrees) for 72 hours without fever reducing medications. Individuals, who have symptoms that last for 24 hours or more, are permitted to return to regular school 10 days after their symptoms subside. All individuals are encouraged to receive a note of clearance from their physician or primary care provider prior to returning to regular school after exhibiting symptoms.
- d. In the event of an athlete/activity participant, coach, or official showing symptoms of COVID-19 sickness, appropriate actions will be taken to notify all potential contacts of the sick individual. All facilities used by that individual will be sanitized and disinfected thoroughly prior to re-opening of those

facilities. Coaches encountering sick student athletes are to contact building principal immediately.

- e. After an individual tests positive for COVID-19, contact tracing and exposure notifications will be handled by PA Department of Health (PA DOH) officials. The Pandemic Coordinator, or their designee, will assist in providing information to PA DOH officials when necessary and/or required. The student should not return to the school sport or school activity until cleared by his/her doctor or personal care provider (PCP).
- f. Information will be provided to all athletes/activity participants, staff, and families about the symptoms of COVID-19 and when to stay home. Athletes also will be educated on proper hand washing and sanitizing.
- g. Parents or guardians of any student who is in the high risk category must notify the athletic trainer, school nurse, principal, or superintendent regarding their high risk status prior to participation in the sport or activity. For PIAA sports, physical forms will be screened to identify students who may be at high risk for severe illness from COVID-19. The athletic trainer will contact high risk students and parents/guardians to discuss COVID-19 concerns.
- h. Signs shall be posted in common areas that promote protective measures and how to stop the spread of germs.
- i. Coaching staff and adult personnel will be required to wear face coverings or face shields when working with student athletes.
- j. Coaches and athletes/activity participants must maintain appropriate social distancing whenever possible, including in the field of play, locker rooms, sidelines, dugouts, benches, and workout areas. During down time, athletes and coaches should not congregate.
- k. The number of students permitted in locker rooms will be limited at any one time.
- l. All athletes/activity participants, coaches, and officials must bring their own water and drinks to team activities. Team water coolers for sharing through disposable cups are not allowed. Fixed water fountains should not be used. Additionally, there should be no sharing of personal items (towels, clothing, shoes, hats). Following any activity, all student athletes' clothing, equipment or materials used during the activity must be taken home and washed or disinfected before being used again.
- m. Activities that increase the risk of exposure to saliva must not be allowed including chewing gum, spitting, licking fingers, and eating sunflower seeds.
- n. Avoid shaking hands, fist bumps, or high fives before, during, or after games and practices. Limit unnecessary physical contact with teammates, other athletes/activity participants, and coaches.

- o. Student athletes/activity participants should come to in-season activities already dressed and prepared for the activity. Locker room space will be available but number of students will be limited. Restrooms will be open. At the completion of preseason or regular season activity, all equipment must be disinfected and cleaned before the next scheduled activity.
  - p. Fitness Center capacity will be limited to 12 persons (athletes, coaches) at one time. Gym capacity will be limited to 25 persons (athletes, coaches) at one time.
  - q. Fitness Center equipment must be wiped down after each student use. The Fitness Center and gymnasiums should undergo ventilation and cleaning between each session and a thorough cleaning by the custodial staff once per day after use.
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- The SASD will establish final protocols for PIAA games and contests, both home and away, prior to the official start of the Fall Sports Season in August 2020. Currently, the following guidelines are in place for the Fall 2020 PIAA season. Please see [PA State Guidance regarding operating sports](#) in Appendix D.
  - The Board assigns the Superintendent the authority to develop protocols for communicating with other school districts regarding the prevalence of COVID-19 cases, quarantine rates, and contact tracing prior to traveling to or hosting a school for competition and make decisions regarding games and contests with other school districts based on the data.
  - SASD sports teams will participate in games and contests that are held in the Commonwealth of PA and within the following counties: McKean, Potter, Cameron, Elk, Warren and Forest In general, SASD athletes will not travel outside the listed county area for games or contests. This may include regional and state playoff contests.
  - Decisions on post season participation will be made at the close of the season and according to COVID-19 contest decision protocols established and exercised by the administration.
  - The start of football season's first game will be delayed until September 11 or 18, 2020.

- Scrimmages will not be held.
- SASD teams will not participate in multi team contests, invitational, tournaments and matches with teams outside of the listed PA counties. All other sports will begin games and contests the week of September 7 or 14, 2020.
- SASD teams will not travel out of state for contests or games.
- Coaches and participants should be flexible in realizing that cancellations and schedule changes may occur and sometimes be with short notice.
- Decisions regarding the start of winter sports will be made at a later date.
- Athletics and extra-curricular activities will be cancelled if McKean County is designated in the yellow or red phase.
- Total attendance at games and athletic contest cannot exceed 250 people in the green phase.
- During the *green* phase of reopening, sports related activities at the Pre-K to 12 level are limited to student athletes, coaches, officials, and staff only. The addition of visitors and spectators will be contingent upon future health conditions within the state and local communities.
- Concession stands will not be open. If guidance regarding game attendance changes, concession stands may be permitted to open on a limited basis or according to Guidance for Business in the Restaurant Industry.
- Fund Raising Activities may be limited and must be reviewed by the principal. Any approved fund raising activity must follow applicable guidelines provided by the PA DOH and/or the CDC.

## **B. SASD AHSP within Return to School Plan B or C**

### **Extra-Curricular Activities, Athletics, Physical Education, and other Programs**

- Extra-Curricular Activities, Athletics, and after school programs will not be held under Plan B or Plan C.

## C. Athletic & Extracurricular Contact Information

Melissa Obrien, Athletic Trainer [mobrien@smethportschools.com](mailto:mobrien@smethportschools.com) 814-887-5545  
Rick Woodring, Athletic Director [rwoodring@smethportschools.com](mailto:rwoodring@smethportschools.com) 814-887-5545  
Brice Benson SASD JSHS Principal [bbenson@smethportschools.com](mailto:bbenson@smethportschools.com) 814-887-5545  
Kristin Zona, SASD EL Principal [kzona@smethportschools.com](mailto:kzona@smethportschools.com) 814-887-5012  
David London, SASD Superintendent [dlondon@smethportschools.com](mailto:dlondon@smethportschools.com) 814-887-5543

## IV. Athletics Health and Safety Plan Governing Body Affirmation Statement

The Board of Directors/Trustees for the **Smethport Area School District** reviewed and approved the Phased School Reopening Health and Safety Plan on **August 10, 2020**.

The plan was approved by a vote of:

8 Yes  
0 No

Affirmed on: **August 10, 2020**

By:



*(Signature of Smethport Area School District, Board President)*

Mr. Daniel Wertz

*(Smethport Area School District, Board President)*