

# First Grade

## At-Home Learning



### Note to Parents/Guardians

During this period of closure, your child (children) may be concerned, asking questions, or trying to make sense of everything that is happening. We would like to assist your family through this time by providing helpful suggestions to make this stage away from school a positive learning opportunity.

Routines, schedules, and consistency usually bring comfort to a child's life. Try to maintain these as much as possible. Encourage your child (children) to be creative, learn at home (or outdoors), and grow. There are great, educational websites; but limit screen time in regards to non-essential activities.

This list of at-home learning opportunities reinforces and extends skills to help your child grow educationally while having a little family fun. By being productive and making memories, you can play, learn, and grow together!

Stay healthy!

*Ms. Zona & The First Grade Team*

### Academic Learning Opportunities

- \* Read for 20 minutes a day. Do a retell of the beginning, middle, and end OR do a five finger retell (characters, setting, problem, events, ending). If you are feeling extra awesome, write about the beginning/middle/end of the book or write important facts you learned.
- \* Write in your journal each day. Write about anything that sparks your interest. If you are stuck, tell a story or teach someone something. Write a letter to your teacher, principal or friend. Call a family member and interview them. Write about what they tell you.
- \* Practice your addition and subtraction math facts. Have an adult write problems for you ( $2+2 = \underline{\quad}$  or  $6-2 = \underline{\quad}$ ). Use the Fact Flash papers that were available for pick up in your math folder or login to REFLEX math (if you forget your login, send a message to your teacher, and they can help you).
- \* Snuggle up with a trusted adult and have them read aloud to you. Talk about your favorite part of the story.

### Wellness/Fine Arts

\* 60 minutes of activity/exercise a day (Ride a bike, go for a walk, play outside, etc.)

\* **Art websites:** [artsonia.com](http://artsonia.com), [kinderart.com](http://kinderart.com), [crayola.com](http://crayola.com), [teachkidsart.com](http://teachkidsart.com), [incredibleartdepartment.com](http://incredibleartdepartment.com), <https://www.nga.gov/>

\* **Music websites** See attached Music Bingo for extra fun! <http://flipgrid.com/freer5246> (submit a music video to Mrs. Freer), <https://musiclab.chromeexperiments.com/> (music activities), <http://www.incredibox.com> (create your own music), <https://mrsstouffersmusicroom.com/musicathome/> (many activities), <https://www.noteflight.com/> (music notation tool), <https://www.musictheory.net/> (music activities), <https://www.apple.com/ios/garageband/> (digital music)

\* **Library:** [https://sas.follettdestiny.com/common/welcome.jsp?context=saas08\\_3784498](https://sas.follettdestiny.com/common/welcome.jsp?context=saas08_3784498)

### Online Learning Options

\* EPIC books  
\* REFLEX math  
\* Scholastic Learn at Home  
<https://classroommagazines.scholastic.com/support/learnathome.html>  
\* Khan Academy  
<https://www.khanacademy.org/>  
\* Starfall  
<https://www.starfall.com/h/>

### STEM/Career Options

- \* Use your coffee cart learning and take beverage orders. Fill the order and collect change. Work on counting money.
- \* Using household materials, build a working rain gauge, barometer or wind vane. Using household materials, build a musical instrument. Using different types of papers and folds, make paper airplanes and see which one flies the farthest.
- \* Ask an adult to help you find a recipe. Read the recipe and help an adult make the recipe. Serve to a loved one.

### Social-Emotional Learning

- \* Draw a picture of weather that would match your feelings for the day. Label your drawing with a feeling word. Remember Moody and our learning about weather and our feelings.
- \* Practice our Alfabreaths. Teach your parents, brothers, sisters or a pet an Alfabreath each day. When you are feeling worried or upset, take your favorite Alfabreath. (See attached paper)

