

2020-2021 GANADO ATHLETICS *presents* VIRTUAL SPORTS

The mission of the Ganado Unified School District Athletic Department is to inspire and educate student-athletes in grades 6th – 12th to stay healthy and well by providing a virtual coaching program during Covid-19. Our Hornet coaches will provide opportunities for our student-athletes to develop and stay connected to their sport and teammates.

COACHES WILL PROVIDE:

- Weekly workouts that encourage/promote athletic fitness
- Weekly virtual “live” sessions via zoom
- Sport education related to proper form, drill, skill, and technique development
- Team spirit, motivation, and support

SPORTS OFFERED VIA THE HORNET GOOGLE CLASSROOM PLATFORM:

November and December 2020 – Cross Country, Football, and Volleyball
January and February 2021 – Basketball, Cheer (HS only), and Wrestling

STUDENTS WILL NEED:

- Sports Physical (If a 2019-2020 Sports Physical is already on file, that will suffice).
 - Athletic packets are available on the GUSD Athletic website or by email/pick-up request.
- For Freshman and new High School students, students must complete the online Brainbook Concussion Education course found at <https://academy.azpreps365.com>

To request an invitation or if you have questions, you may call 928-755-1558 or email Lynette.Lookingback@ganado.k12.az.us / Lynette.Lookingback@hornet.land

