

## LUNCH MENU

A variety of low fat milk provided with each meal.

Condiments available where applicable.

Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
02/03/2020 BEEF COUNTRY STEAK MASHED POTATOES WHITE COUNTRY GRAVY DINNER ROLL BBQ CKN SANDWICH STEAMED MIXED VEGGIES ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/04/2020 FIESTADA PIZZA MEATBALL SUB STEAMED CORN ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/05/2020 MINI CORN DOGS FISH SANDWICH BAKED BEANS CREAMY COLESLAW CANNED FRUIT FRESH FRUIT	02/06/2020 MAC & CHEESE DINNER ROLL HAMBURGER BUN STEAMED GREEN BEANS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/07/2020 MONGOLIAN BEEF & BROCCOLI BROWN RICE GF FRENCH BREAD PIZZA PEAS & CARROTS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT
02/10/2020 CHICKEN ALFREDO GARLIC TOAST BBQ RIB SANDWICH STEAMED BROCCOLI ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/11/2020 CHICKEN FAJITA HOTDOG REFRIED BEANS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/12/2020 FISH STICKS CHEESEBURGER FRENCH FRIES STEAMED PEAS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/13/2020 SWEET & SOUR CHICKEN BROWN RICE GF SLOPPY JOES STEAMED CALIFORNIA BLEND ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/14/2020 BROCCOLI CHEESE SOUP SASSY ITALIAN SUB PIZZA STEAMED CARROTS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT
02/17/2020 NO SCHOOL TODAY	02/18/2020 ENCHILADA SPICY CHICKEN SANDWICH STEAMED CORN ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/19/2020 CHICKEN NUGGETS MINI CORN DOGS FRENCH FRIES BAKED BEANS CREAMY COLESLAW CANNED FRUIT FRESH FRUIT	02/20/2020 SPAGHETTI GARLIC TOAST BBQ BEEF SANDWICH STEAMED GREEN BEANS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/21/2020 CHILI TURKEY SANDWICH PIZZA PEAS & CARROTS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT
02/24/2020 CHICKEN TERIYAKI PASTA VEG EGG ROLL HAMBURGER STEAMED BROCCOLI ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/25/2020 FIESTADA PIZZA MEATBALL SUB REFRIED BEANS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/26/2020 CHICKEN NUGGETS FISH SANDWICH FRENCH FRIES STEAMED PEAS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/27/2020 CHICKEN ALFREDO GARLIC TOAST SLOPPY JOES STEAMED CALIFORNIA BLEND ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT	02/28/2020 CHEESY LASAGNA GARLIC TOAST PIZZA STEAMED CARROTS ASSORTED FRESH VEG. CANNED FRUIT FRESH FRUIT

Reduced Price Meal Benefit applications are always available. For more information contact Denise Kinney, Food Service Director at (307)332-4711 or visit <http://www.landerschools.org/foodservice>

FCSD#1 is an equal opportunity provider.