

Western Reserve Elementary Counseling Services

Individual

Sometimes it helps to talk to someone. Counselors meet with students individually for a variety of reasons. Students may want to talk about friendship issues or how to be successful in school. These meetings are scheduled to be least intrusive to the instructional day.

Small Group

Sometimes it helps to talk to each other. Counselors meet with small groups of students who have similar concerns. When students hear others talking about feelings or how they handle problems, they get ideas that they can use for themselves. Group topics include dealing with family changes, making friends, adjusting to school, developing study skills, and managing stress/anger.

Classroom

We all can learn from each other. Each year, counselors teach classes in whole group settings. The classes are designed to enhance students' academic, career, and personal/social development.

Consultation

Counselors are available to consult with teachers, parents, and administrators to aid in meeting the needs of students.

Referral

Counselors aid in referring to outside community service agencies as needed.