



## HURON COUNTY GENERAL HEALTH DISTRICT

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### SHOULD MY CHILD STAY HOME?

#### FEVER

\*100 degrees or higher on the day of or the night before school-keep home until fever free for 24 hours without medicine

\*if has headache and stiff neck, seek medical help **right away**

#### COLD

\*mild cough, sneezing, aching muscles and watery eyes

\*keep home on the first day or two – this is when they are most able to spread the cold to others

#### BAD or HARSH COUGH

\*stay home and contact your child's health care provider (might have bronchitis, flu, pneumonia, whooping cough or croup)

\*return to school after the cough improves and child is feeling better or when your child's health care provider recommends

#### SORE THROAT

\*keep home if also has fever, swollen glands, a hard time swallowing or talking or if throat is red and swollen

\*bad sore throat with headache and/or upset tummy can be signs of strep throat – contact your child's health care provider

#### VOMITING/STOMACHACHE/DIARRHEA

\*keep at home for at least 24 hours after the last time the child vomits (pukes) or has diarrhea without medicine

#### EARACHE

\*if pain, drainage or blood from the ear canal, contact your child's healthcare provider

#### PINK EYE

\* contact your child's health care provider and keep at home until 24 hours after treatment starts

#### RASH

\*contact your child's health care provider before sending back to school (may be one of many easy to spread diseases such as Impetigo, Chicken Pox, Shingles, Fifth Disease, Strep or Staph infection, Roseola or Scabies)

-some rashes are a sign of a worse disease

-rashes may also be from poison ivy, reaction to a medicine or a food allergy

#### LICE/NITS

\*treat with a NON-TOXIC product; follow the directions given to you by the NON-TOXIC product, the health department or your child's health care provider

\*most schools require your child to be checked by the health department or the school before coming back to class

\*do NOT use anything flammable on your child's hair (rubbing alcohol, kerosene)

\*check all other people that live in your house and treat them if they have lice or nits

**NOT SURE IF YOUR CHILD SHOULD STAY HOME?  
CONTACT YOUR CHILD'S HEALTH CARE PROVIDER**