

Who is allowed to come to the Archery Club?

**Archery Club is open to all students 6-12 at Western Reserve.**

What times will the archery club be held from?

**Archery Club will always be after school, typically the time will be from 2:30-4:00, please be prompt at providing a ride for your child, we will have your student released from Archery Club at 3:55 after everything is cleaned up so that you do not have to wait.**

**Please be on time to pick your child up. Our meeting times or dates will change based on gym availability, but we try to keep times and days all the same so that it is easier for students to plan for and remember.**

Is there any cost to take part in archery?

**There is zero cost to take part in archery club.**

Does my child need anything such as equipment?

**Your child doesn't need anything but a signed waiver to be part of Archery Club. All equipment is provided for your child.**

Can my child bring their own equipment for archery club?

**No. Archery Club is designed to provide the material for your child. We cannot have students bringing archery equipment to school and on the bus. The program is designed so that all students use the same equipment.**

Is archery club safe?

**According to National Archery in the Schools Program (NASP)**

**"Archery is one of the safest activities our students can be involved in.**

**Statistics from U.S. Consumer Product Safety Commission (CPSC) indicate that archery is one of the safest sports, with an injury rate of less than one incident per 1,000 participants, in 2004. Recreational activities like golf and fishing have an injury rate of up to 1.5 to 2 times the rate for archery. Common sports like soccer, baseball and basketball have injury rates 15 to 25 times that of archery."**

**While we can not guarantee that there can never be an accident, we have never had an accident at Western Reserve Archery Club and we will take every step of precaution to never have an accident. If students do not follow directions and safety protocol, they will be asked to leave Archery Club and will not be allowed to return until they agree that they know, understand, and will follow the rules of safety at Archery Club without exception.**

I cannot pick my student up from Archery Club but they want to be part of it?

**We have a limited number of students that we can put on the elementary busses for rides home. The students have to leave archery at approximately 2:15 to make sure they can get on the bus. This means they will miss half of archery club, but they can still be part of it if they want. Students who need this option must apply for a bus pass before school in**

**the morning to assure they have a ride. Finding other students with parents that can share time picking up is also a great option.**

Are there any competitions for Archery Club, is there a schedule of games or meets?

**Archery Club is an in-school program and is not currently set up to attend competitions or meets. Most archery competitions take place in the spring, our archery program will run out of practice space in the middle of February when baseball and softball start. Therefore we have not attended any competitions.**

Am I, as a parent, allowed to attend archery club to watch my child participate?

**Unfortunately Archery Club has closed practices and outside people are not allowed to attend per school rules and procedures.**

How is Archery Club funded?

**The Archery Club has no funding from Western Reserve Local Schools. Archery Club became available from a grant through the Ohio Department of Natural Resources in conjunction with NASP(National Archery in the Schools Program). We have not taken a dime of money from our school, yet we are well equipped. We have 20 bows, 4 heavy bulldog targets, 5 round foam Nasp targets, and 4 foam animal targets (bear, coyote, boar, deer) for students to shoot at. We have two arrow curtains that run the entire width of the gym stopping any wayward arrow from contacting the wall. As always arrows are a consumable item that is about our only cost we incur because they have to be replaced**

every so often for safety reasons. We currently have no fundraisers planned for the club, but we are always looking to improve our club by attaining equipment that makes us better. Donations are always gladly accepted.

Is there anything the Archery Club needs?

We are always looking to improve the archer's experience in the program. One of popular targets, for the kids at Western, has been our foam deer target. Unfortunately this target was very popular and the one we had had plastic legs and it didn't hold up well to missed shots from the archer's, so we would love to get the money for or have one donated for the archers to shoot at. With ingenuity and open-mindedness, we plan on creating the best equipped archery program in the state of Ohio. With most everything, funding = quality of program. The leader of the archery program is committed to providing the best for the program while eliminating wasted funds on non-essential material.

What type of archery does the program practice?

We shoot instinctive archery, which means our bows have no sights and there are no releases used with our bows. Fingertip release is what the program uses. By using these basic techniques, it makes shooters focus on proper technique. The focus on proper technique typically makes our archers better shooters with other types of archery shooting.

What type of bow does the program use?

**Our program uses the Matthews Genesis bow. These bows have a 20lb. draw weight but have zero let off. We do have some bows that are turned down to 12lbs of draw weight for those who need to build the strength to move to the heavier 20lb bows. Most shooters who start at the lighter weight bows quickly develop the muscles to move up. The bows are different colors**

What should I expect from my child after archery club meeting?

**Your child could have sore fingertips from the pressure of releasing the string multiple times, this is the equivalent of learning to play the guitar. They may be sore in the shoulders or back area from using muscles they don't use regularly. Some shooters, if not using proper technique may receive a string strike. A string strike occurs when a shooter locks their arm out instead of having it slightly bent at the elbow. When the string comes forward it strikes their arm and typically leaves a red mark, sometimes bruising can occur based on the person but a string strike at this weight is typically little more than a reminder not to lock your arm out again. Typically after a week or two, most shooters have learned how to avoid these strikes.**