

# Moniteau School District Dassa McKinney Elementary School



The Weekend Power Pack helps children get the nutritious and easy-to-prepare foods they need for the weekends. Good nutrition helps children return to school on Mondays ready to participate and learn.

Please help by donating the following non-perishable, unexpired food items:

- Tuna & Chicken—Canned or Pouches
- Tuna or Chicken Salad Kits
- Peanut Butter—Individual Cups
- Shelf Stable Milk Boxes or Bottles
- Trail Mix, Nuts or Sunflower Seeds
- Single Servings of Macaroni & Cheese
- Canned Ravioli or Spaghetti O's with tops that pull off
- Ramen Noodles or Cup a Noodles
- Microwavable Instant Rice
- Microwavable Soups or Canned Soup with tops that pull off
- Microwavable Shelf Stable Meals  
ex. Hormel Compleates, Barilla Pasta Entrees
- Individual Packages of Crackers, Graham Crackers, Peanut Butter or Cheese Cracker Sandwiches
- Individual Bags of Pretzels or Popcorn
- Granola Bars
- Cereal—Individual Bowls or Boxes
- Instant Oatmeal Bowls or Packets
- Canned Vegetables with tops that pull off
- Applesauce Cups or Squeeze Pouches
- Fruit Cups or Canned Fruit with tops that pull off
- 100% Fruit Juice Boxes or Pouches
- Raisins & Trail Mix
- Fruit Snacks
- Pudding Cups

Please do not include food in glass containers as this could be a safety risk for the children.

## **You can Help. It's as easy as 1-2-3!**

1. Host a food drive with your group to collect items for the Weekend Power Pack.
2. Donate food items to support the program. Donations can be dropped off at the Dassa McKinney Elementary School.
3. Make a monetary donation to help sustain the program.

100% of the money we raise goes to purchase food to feed the children.  
Please make checks payable to the Dassa McKinney Elementary School- Weekend Power Pack  
At the discretion of school officials, food is offered to students who are in need.

Please contact 724-637-2091 Ext. 1760 or [jzellefrow@moniteau.org](mailto:jzellefrow@moniteau.org) with any questions.