

# March



## Moniteau High School

This institution is an equal opportunity provider.  
Menus are subject to change.

### Available Daily

**Chicken Pattie Sandwich, Hot & Spicy Chicken Pattie Sandwich, Hamburger, Cheeseburger, Grilled Chicken Sandwich, Assorted Salads, PB & J Sandwich, Fruit & Yogurt Parfait, Pizza, Fish Sandwich**

**Included with a Lunch:**

**Daily Lunch Entrée or Alternative, and 1 or 2 Fruits and 1 or 2 Vegetables and Milk**

**EAT RIGHT**



# BITE BY BITE

National Nutrition Month®  
March 2020

**eat right.** Academy of Nutrition and Dietetics

### Featured Specials of the Day

#### **Monday, March 16**

Nacho Taco Platter  
Golden Corn Kernel  
Black Beans

#### **Tuesday, March 17**

Dunker Day!  
Chicken Sticks, Cheese Dunkers & Soft Pretzel  
Assorted Dipping Sauces  
Steamed Broccoli Florets

#### **Wednesday, March 18**

Wedge Wednesday!  
Ham & Cheddar Cheese Wedge Sandwich  
Potato Puffs  
Steamed Peas & Carrots

#### **Thursday, March 19**

First Day of Spring!  
Homemade Pepperoni  
or Buffalo Chicken Pizza  
Steamed Green Beans  
Dirt Pudding Cup w/ Gummy Worm

#### **Friday, March 20**

National Ravioli Day!  
Cheese Ravioli  
Garlic Breadstick  
California Vegetable Blend

### Featured Specials of the Day

#### **Monday, March 23**

Tangerine Chicken or General Tso's over Rice  
Oriental Vegetable Blend

#### **Tuesday, March 24**

Pittsburgh Style Grilled Chicken Salad  
French Fries  
Garlic Breadstick

#### **Wednesday, March 25**

Bacon Cheeseburger  
Potato Puffs  
Baked Beans

#### **Thursday, March 26**

Popcorn Chicken Bowl  
w/ Dinner Roll  
Golden Corn Kernels

#### **Friday, March 27**

Grilled Cheese Sandwich  
Creamy Tomato Soup  
Mixed Vegetables

#### **Monday, March 30**

Chicken Fajita  
Spanish Rice  
Golden Corn Kernels, Seasoned Black Beans

#### **Tuesday, March 31**

No School