

AVAILABLE DAILY

Fruit & Vegetable Choices May Include:
Seasonal Fresh Fruit, Apples, Oranges, Bananas, 100% Fruit Juice, Apple Slices, Canned Fruit, Raisins, Craisins, Steamed Hot Vegetables, Fresh Vegetables, Garden Side Salad

Alternative Breakfast Entrees:
Assorted Cereal, Cereal Bars, Graham Crackers

Alternative Lunch Entrees:
Chef Salad w/ Garlic Breadstick PB&J Sandwich, Yogurt/String Cheese w/ Crackers

Milk is Included with All Meals

Monday, March 16

Breakfast
 Apple or Cherry Frudel

Lunch
 Tangerine Chicken over Fluffy White Rice or Cheeseburger
 Oriental Vegetable Blend

Tuesday, March 17

Breakfast
 Glazed Donut

Lunch
St. Patrick's Day!
 Lucky Chicken Coins (nuggets) or Cheeseburger
 Leprechaun Smiles
 Magical Baked Beans
 Emerald Grapes
 Lime Gelatin Cup

Wednesday, March 18

Breakfast
 Banana Bread

Lunch
 French Toast Sticks w/ Sausage Links or Cheeseburger
 Potato Puffs
 Carrot Coins
 Warm Berry Apple Crisp

Thursday, March 19

Breakfast
 Pancake & Sausage Breakfast Stick

Lunch
First Day of Spring!
 Chicken Strips w/ Homemade Macaroni & Cheese or Cheeseburger
 Green Beans
 Dirt Pudding Cup w/ Gummy Worm

Friday, March 20

Breakfast
 Mini Blueberry Pancakes

Lunch
National Ravioli Day!
 Cheese Ravioli w/ Garlic Breadstick or Cheeseburger
 Steamed Broccoli Florets

Monday, March 23

Breakfast
 Mini Cinnis

Lunch
 Hot Ham & Cheese Pretzel Melt or Stuffed Crust Pizza
 Potato Smiles
 Baked Beans

Tuesday, March 24

Breakfast
 Mini Powdered Sugar Donuts

Lunch
Taco Tuesday!
 Crunchy or Soft Shell Taco w/ Raspberry Churro or Stuffed Crust Pizza
 Golden Corn Kernels

Wednesday, March 25

Breakfast
 Cinnamon Roll

Lunch
 Chicken Alfredo w/ Garlic Breadstick or Stuffed Crust Pizza
 Steamed Broccoli Florets

Thursday, March 26

Breakfast
 Breakfast Sandwich

Lunch
 Chicken Nuggets w/ Dinner Roll or Stuffed Crust Pizza
 Whipped Potatoes w/ Gravy
 Sweet Peas

Friday, March 27

Breakfast
 Mini Confetti Pancakes

Lunch
 Grilled Cheese Sandwich or Stuffed Crust Pizza
 Creamy Tomato Soup
 Mixed Vegetables

Monday, March 30

Breakfast
 Apple or Cherry Frudel

Lunch
 Chicken Strips w/ Soft Pretzel or Chicken Pattie Sandwich
 Steamed Green Beans

Tuesday, March 31

No School

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march is national nutrition month®
 #NationalNutritionMonth

EAT RIGHT
BITE BY BITE
 National Nutrition Month®
 March 2020
 American Dietetic Association

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Breakfast@School