

GRANT PUBLIC SCHOOLS

October 2020 remote and face to face

1 CUP SKIM/1% OR LESS UNFLAVORED OR FLAVORED MILK CHOICE IS GIVEN EACH DAY

FRUIT AND/OR JUICE CHOICES ARE GIVEN EACH DAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Frosted mini wheats Pop tart Apple juice	2 Lucky charms Oatmeal squares Orange juice
5 Honey nut cheerios Pop tart Mixed fruit juice	6 Cinn toast crunch Oatmeal squares Apple juice	7 Cocoa krispies Gold fish Orange juice	8 Cheerios Cheez its Mixed fruit juice	9 Froot loops Granola bar Apple juice
12 Frosted flakes Simply chex Orange juice	13 Frosted mini wheats Animal crackers Mixed fruit juice	14 Lucky charms Yogurt Apple juice	15 Honey nut cheerios String cheese Orange juice	16 cinn toast crunch ritz bits mixed fruit juice
19 Cocoa krispies Muffin Apple juice	20 Cheerios Pop tart Orange juice	21 Froot loops Mini cinns Mixed fruit juice	22 Frosted flakes Pop tart Apple juice	23 Frosted mini wheats Oatmeal squares Orange juice
26 Lucky charms Gold fish Mixed fruit juice	27 Honey nut cheerios Cheez its Apple juice	28 Cinn toast crunch Granola bar Orange juice	29 Cocoa krispies Simply chex Mixed fruit juice	30 Cheerios Animal crackers Apple juice