

# Howell Mountain School Lunch Menu – septiembre

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NO SCHOOL Labor day	"Taco Martes" Nachos Arroz español Frijoles refritos Fruta / leche	Dia minimo Perros de maíz Tater tots Palitos de verduras Fruta Leche	Pollo con Arroz Brócoli cocido al vapor Fruta / leche	"Viernes de pizza" Pepperoni, pesto y Pizza de queso ensalada de la casa Fruta / leche
9	10	11	12	13
"Lunes sin carne" Macarrones con queso Brócoli cocido al vapor Fruta / leche	"Taco martes" Burritos de frijoles y queso Arroz español Fruta / leche	Dia minimo Sloppy Joes Tater tots Palitos de verduras Fruta /Leche	Envoltura de Hummus Papitas, Palitos de verduras Fruta/Leche	Peros Calientes, Papitas, Fruta, Leche
16	17	18	19	20
"Lunes sin carne" Espageti marinera Palitos de verduras Fruta / leche	"Taco martes" Tacos de cáscara dura Arroz español Frijoles refritos Fruta / leche	Dia minimo Sandwich de Queso Palitos de verduras Fruta / leche	Hamburguesas con queso Gajos de papa Palitos de verduras Fruta Leche	"Viernes de pizza" Pepperoni, pesto y Pizza de queso ensalada de la casa Fruta / leche
23	24	25	26	27
"Lunes sin carne" Pesto Pasta, Brócoli cocido al vapor Fruta / leche	"Taco martes" Enchiladas Arroz español Frijoles refritos Fruta / leche	Dia minimo Nuggets de pollo Tater tots Palitos de verduras Fruta/Leche	Chile vegetariano pan de maíz Fruta / leche	"Viernes de pizza" Pepperoni, pesto y Pizza de queso ensalada de la casa Fruta / leche
30				
"Lunes sin carne" Lasagna de Vegetables Vegetales al vapor Fruta / leche			No School: Labor Day 9/2/19 Minimum day: Wednesday 1:00pm dismissal	

# Howell Mountain School Lunch Menu – September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NO SCHOOL Labor day	"Taco Tuesday" Nachos Spanish Rice Refried Beans Fruit/Milk	Minimum day Corn dogs Tater tots Veggie Sticks Fruit Milk	Chicken Stir Fry Rice Steamed Broccoli Fruit/Milk	"Pizza Friday" Pepperoni, pesto & Cheese Pizza House salad Fruit/Milk
9	10	11	12	13
"Meatless Monday" Macaroni & cheese Steamed Broccoli Fruit/Milk	"Taco Tuesday" Bean & Cheese burritos Spanish Rice Fruit/Milk	Minimum day Sloppy joes Tater tots Veggie Sticks Fruit Milk	Hummus Wrap Tater tots Veggie Sticks Fruit Milk	Hot Dogs Chips Carrot Sticks/Ranch Fruit/Milk
16	17	18	19	20
"Meatless Monday" Spaghetti & Marinara Veggies sticks Fruit/Milk	"Taco Tuesday" Hard shell tacos Spanish Rice Refried Beans Fruit/Milk	Minimum day Grilled cheese Veggie sticks Fruit/Milk	Cheeseburgers Potato wedges Veggie Sticks Fruit Milk	"Pizza Friday" Pepperoni, pesto & Cheese Pizza House salad Fruit/Milk
23	24	25	26	27
"Meatless Monday" Pesto Pasta Steamed veggies Fruit/Milk	"Taco Tuesday" Enchilada casserole Spanish Rice Refried Beans Fruit/Milk	Minimum day Chicken nuggets Tater tots Veggie Sticks Fruit Milk	Vegetarian Chili Cornbread Fruit/Milk	"Pizza Friday" Pepperoni, pesto & Cheese Pizza House salad Fruit/Milk
30				
"Meatless Monday" Vegetable Lasagna Steamed veggies Fruit and Milk			No School: Labor Day 9/2/19 Minimum day: Wednesday 1:00pm dismissal	