

HILLSIDE ELEMENTARY SCHOOL

340 Homans Avenue
CLOSTER, NEW JERSEY 07624



PHONE (201) 768-3860 ext. 41121
FAX (201) 768-6770

Kristen Haenelt, School Nurse
haeneltk@nvnet.org

April 7, 2021

A FRIENDLY REMINDER FROM THE HEALTH OFFICE REGARDING TRAVEL

New travel guidance was released on April 5, 2021. New Jersey strongly discourages all non-essential interstate travel at this time. However, if you do travel there are several things you need to know to prepare for your return to school. **You no longer need to quarantine or get tested before/after domestic travel if you are fully vaccinated or have recovered from COVID-19 in the past three months:**

- It has been more than two weeks since you received your second dose of the Pfizer-BioNTech or Moderna vaccine;
- It has been more than two weeks since you received your first and only dose of the Janssen/Johnson and Johnson vaccine; or,
- You have clinically recovered from COVID-19 in the past three months Please note that for international travel, the federal requirement for testing upon return to the United States still stands for both unvaccinated and fully vaccinated travelers – additional details are listed below.

However, if you are not fully-vaccinated, you will need to quarantine after returning from any U.S. state or territory beyond the immediate region (New York, Connecticut, Pennsylvania and Delaware). The recommendations are as follows:

- 14 days is the recommended length of quarantine. However, if you cannot meet this recommendation you have two options:
- No-test option: Stay home for 10 days and monitor for symptoms. If you remain asymptomatic, your quarantine can end after the 10th day.
- Test option: Stay home for 7 days. Get tested with a viral test (molecular- PCR or antigen) between day 5-7 & remain home until results are obtained. If you test negative, and remain asymptomatic, you may return after the 7th day.

Your cooperation to ensure the health and safety of our students and staff is appreciated. If you travel, the recommendations must be followed. If you do not follow the recommendations, your child will be sent home from school immediately.

Thank you.

Kristen Haenelt, Hillside Elementary School Nurse (haeneltk@nvnet.org)