

# Greenwave Cafe

## SEPTEMBER 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
			4	5	6
<b>the Classics</b>	<b>OFF LABOR DAY</b>	<b>Taco Day, Beef, Chicken or Shrimp</b> <b>Chef Gene Pickardt Day</b> <b>Refried Beans/Mexican Rice</b> <b>Chips &amp; Dip/Pineapple Relish</b>	Beef Tips & Gravy Rice Lima Beans Buttered Yeast Roll	Spaghetti & Meat Sauce Corn on Cob English Peas Garlic Bread	Chicken Tenders French Fries Mac & Cheese Buttered Yeast Roll
<b>Healthy edge</b>		Wrap	Baked Chicken	Grilled Chicken Wrap	Seasoned Baked Fish
<b>GRILLE ETC</b>		Chicken Sandwich JOJO Potatoes Bacon Cheese Burger	Mini Corn Dogs Mozarella Sticks Grilled Chicken Sandwich	Grilled Cheese Sandwich Mozarella Sticks Spicy Chicken Sandwich	Foot Long Corn Dog Bosco Cheese Stick Hot Pockets
	9	10	11	12	
<b>the Classics</b>	Turkey Breast Ranch Potatoes Green Beans Buttered Yeast Roll	Chicken or Beef Tacos Cheesy Refried Beans Mexican Fiesta Rice Cheese Dip & Chips	Chicken Fried Rice English Peas Egg Rolls Buttered Yeast Roll	Hamburger Steak Rice & Gravy Baby Carrots Buttered Yeast Roll	Chicken & Dumplings Brussell Sprouts Whole Kernel Corn Buttered Yeast Roll
<b>Healthy edge</b>	Turker Breast	Fresh Fruit Cup	Seasoned Baked Chicken	Hamburger Patty	Turkey Wraps
<b>GRILLE ETC</b>	Chicken Nuggets Mozarella Sticks Fish Sandwich	Spicy Chicken Sandwich Cheese Dip & Chips JOJO Potatoes	Mini Corn Dogs Chicken Sandwich Corn Nuggets	Jo Jo Potatoes Grilled Cheese with Bacon Bacon Cheeseburger	Tater Tots Foot Long Corn Dogs Mozarella Sticks
	16	17	18	19	<b>BAKED POTATO DAY 20</b>
<b>the Classics</b>	Fried Pork Chops Mashed Potatoes & Gravy Crowder Peas Buttered Yeast Roll	Chicken or Beef Tacos Cheesy Refried Beans Mexican Fiesta Rice Chips & Dip	Pot Roast w/Potatoes & Carrots Italian Green Beans Macaroni & Cheese Buttered Yeast Roll	Pork Loin Rice & Gravy Sweet Baby Carrots Buttered Yeast Roll	<b>BAKED POTATO BAR</b> <b>WITH ALL TRIMMINGS</b>
<b>Healthy edge</b>	<b>BAKED PORK CHOPS</b>	Grilled Chicken Wrap	Philly Steak Wrap	Pork Loin	Italian Baked Fish
<b>GRILLE ETC</b>	Chicken Nuggets Tater Tots Spicy Chicken Sandwich	Grilled Chicken Sandwich Onion Rings Foot Long Corn Dog	Mini Corn Dogs Bosco Cheese Stick Bacon Cheeseburger	Fried Okra French Fries Grilled Chicken Sandwich	Bosco Stick BLT Sandwich Spicy Chicken Sandwich
	23		25	<b>PANCAKE DAY 26</b>	27
<b>the Classics</b>	BBQ Chicken Thighs Stewed Squash Creamed Corn Buttered Yeast Roll	Zesty Orange Wing Ding Chicken JoJo Poratoes Macaroni & Cheese Buttered Yeast Roll	Cod Fish With Cream Sauce Brussell ISprouts Italian Green Beans Buttered Yeast Roll	Pancake Day Breakfast for Lunch	Chicken Rotel Baby Lima Beans Whole Kernel Corn Garlic Bread
<b>Healthy edge</b>	Bar B Que Baked Chicken	Grilled Chicken Tenders	Break Will be Served	Breakfast for Lunch	Seasoned Baked Chicken
<b>GRILLE ETC</b>	Chicken Nuggets Fried Okra Mozarella Sticks	Personal Pan Pizza French Fries Spicy Chicken Sandwich	Regular Chicken Sandwich Mozarella Sticks Corn Nuggets	Tater Tots Pretzel Cheese Stick Grilled Chicken Sandwich	French Fries Mozarella Sticks Bosco Cheese Sticks
	30				
<b>the Classics</b>	Little Ceasar's Pizza Pasta Salad Chcken Ceasar Salad				
<b>Healthy edge</b>	Chicken Ceasar Salad				
<b>GRILLE ETC</b>	JoJo Potatoes Bosco Cheese Sticks Chicken Nuggets				

**Fried Chicken Sandwiches, Hamburgers and Cheeseburgers Served Daily**

Daily Break Menu					
Monday	Tuesday	Wednesday	Thursday	Friday	
Crispito Bacon Egg & Cheese Biscuit Hashbrowns	Breakfast Pizza Blueberry Muffin Sausage Egg & Cheese Biscuit	Crispito French Toast Sticks Bacon Waffle Biscuit	Breakfast Pizza Mini Pancakes Waffles	Crispito Chocolate Muffin Chicken Biscuit	
Daily Lunch Bucket					
Monday	Tuesday	Wednesday	Thursday	Friday	
Chicken Nuggets Choice of Chips Dessert Milk, Water, Shasta, Juice	Taco Beef or Chicken Chips & Dip Dessert Milk, Water, Shasta, Juice	Mini Corn Dogs Choice of Chips Dessert Milk, Water, Shasta, Juice	Chicken Nuggets Choice of Chips Dessert Milk, Water, Shasta, Juice	Personal Pan Pizza Choice of Chips Dessert Milk, Water, Shasta, Juice	



**\*\*Menu subject to change at any time due to availability of products.**