

**Hawlemont  
Regional School**

**Lunch**



# October 2021



*Part of the Mohawk Trail  
Regional School System*

*Breakfast served everyday.  
We offer Peanut Butter and  
Jelly on Wheat Bread or  
American Cheese on Wheat  
Bread as Alternative to the  
Hot Meal. We offer a full  
salad bar as part of our  
lunch everyday*

Café Manager-  
Rachel Gammell  
Café Assistant  
Heather Lengieza

**Apply for free/reduced  
priced meals at any time.  
Inquire in the office**


**Hawlemont Main Office-  
413-339-8316  
Hawlemont Fax-  
339-5760**

*Although we strive to  
provide exactly what is  
on our printed menus  
they are subject to  
change due to  
supply shortages or  
other unforeseeable  
events. Thank you for  
your understanding*


The USDA and the  
MDESE are equal oppor-  
tunity providers and  
employers.

Food Service Director:  
Tammy Coombs  
tcoombs@mohawkschools.org

Mon	Tue	Wed	Thu	Fri
4 <b>Chili</b> Cornbread Green Beans Fruit milk	5 <b>Fish Sticks</b> French Fries Fruit Milk	6 <b>Pizza</b> Broccoli Fruit Milk	7 <b>Turkey Sandwich</b> Chips Carrot Sticks Fruit Milk	8 <b>Cheese Quesadilla</b> Corn Black Beans Fruit Milk

11 <b>NO SCHOOL</b> 	12 <b>Chicken &amp; Gravy</b> Biscuit Squash Fruit Milk	13 <b>Manager Special</b> Green Beans Fruit Milk	14 <b>Chicken Club</b> Chips Fruit Milk	15 <b>Grilled Cheese</b> Tomato Soup Fruit Milk
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18 <b>Spaghetti Meatballs</b> Green Beans Fruit Milk	19 <b>Hot Dog</b> Baked Beans Fruit Milk	20 <b>Pizza</b> Broccoli Fruit Milk	21 <b>Ham Sandwich</b> Carrots Fruit Milk	22 <b>Hamburger</b> French Fries Fruit Milk
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25 <b>Pulled Pork Sandwich</b> Coleslaw Fruit Milk	26 <b>Chicken Nuggets</b> Mashed Potato Corn Fruit Milk	27 <b>Baked Potato Bar</b> Broccoli Cheese Chili Fruit Milk	28 <b>Yogurt Parfait</b> Granola Veggie Sticks Chick Pea Salad Fruit Milk	29 <b>Chicken Burrito Bowl</b>  Corn Fruit Milk
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