

**Hawlemont
Regional School**

Lunch

January 2022

*Part of the Mohawk Trail
Regional School System*

*Breakfast served everyday.
We offer Peanut Butter and
Jelly on Wheat Bread or
American Cheese on Wheat
Bread as Alternative to the
Hot Meal. We offer a full
salad bar as part of our
lunch everyday*

**Café Manager-
Rachel Gammell
Café Assistant
Heather Lengleza**

**Apply for free/reduced
priced meals at any time.
Inquire in the office**

**Hawlemont Main Office-
413-339-8316
Hawlemont Fax-
339-5760**

*Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your understanding*

The USDA and the
MDESE are equal oppor-
tunity providers and
employers.

Food Service Director:
Tammy Coombs
tcoombs@mohawkschools.org

	Mon	Tue	Wed	Thu	Fri
3	Pizza Sticks Marinara Sauce Bean Salad Fruit Milk	4	French Toast Sticks Sausage Hash Brown Fruit Milk	5	Chicken Alfredo Pasta Broccoli Fruit Milk
				6	Ham & Cheese Sandwich
					7 Chips Cucumber Sticks Fruit Milk
					Spaghetti Carrots Fruit Milk
10	Chicken & Gravy Mashed Potato Biscuit Fruit Milk	11	Pizza Carrots Fruit Milk	12	Mac & Cheese Broccoli Fruit Milk
				13	Pulled Pork Sandwich
					Roasted Chick Peas Corn Fruit Milk
					14 Hot Dog Fries Fruit Milk
					<i>1:50 Dismissal</i>
					<i>Winter Enrichment</i>
17	NO SCHOOL MLK Day	18	Fish Sticks Tots Carrots Fruit Milk	19	Pizza Broccoli Milk
				20	Baked Ham
					Scalloped Potatoes Peas Fruit Milk
					21 Turkey Sandwich Chips Veggie Box Fruit Milk
					<i>1:50 Dismissal</i>
					<i>Winter Enrichment</i>
24	Swedish Meatballs Pasta Carrots Fruit Milk	25	Hamburger Spinach Salad Tots Fruit Milk	26	Pancake Sausage Veggie Sticks & Hummus Fruit Milk
				27	Goulash
					Green Beans Fruit Milk
					28 Chicken Nuggets Mashed Potato Corn Fruit Milk
					<i>1:50 Dismissal</i>
					<i>Winter Enrichment</i>