

**Hawlemont  
Regional School**

**Lunch**

*Part of the Mohawk Trail  
Regional School System*

*Breakfast served everyday.  
We offer Peanut Butter and  
Jelly on Wheat Bread or  
American Cheese on Wheat  
Bread as Alternative to the  
Hot Meal. We offer a full  
salad bar as part of our  
lunch everyday*

**Café Manager-  
Rachel Gammell  
Café Assistant  
Heather Lengieza**

**Apply for free/reduced  
priced meals at any time.  
Inquire in the office**

**Hawlemont Main Office-  
413-339-8316  
Hawlemont Fax-  
339-5760**

*Although we strive to  
provide exactly what is  
on our printed menus  
they are subject to  
change due to  
supply shortages or  
other unforeseeable  
events. Thank you for  
your understanding*

The USDA and the  
MDESE are equal oppor-  
tunity providers and  
employers.

Food Service Director:  
Tammy Coombs  
tcoombs@mohawkschools.org



**Mon**

# October 2020




**Fri**

**Tue**

**Wed**

**Thu**

<b>5</b> Swedish Meatballs Pasta, Peas, Fruit	<b>6</b>	<b>7</b> Shepherds Pie Roll, Fruit  Hot Dog, Baked Beans, Fruit	<b>8</b>	<b>9</b> Sloppy Joe Veggie Box, Fruit Pizza, Salad, Fruit Uncrustable, Carrots, Fruit
<b>12 Columbus Day</b> 	<b>13</b>	<b>14</b> Beef Stroganoff Mashed Potato, Fruit  Ham & Cheese Grinder Soup, Fruit	<b>15</b>	<b>16</b> Calzones, Fruit Dipping Sauce  Chef Salad Fruit
<b>19</b> KFC Bowl Fruit	<b>20</b>	<b>21</b> Hamburger, Corn, Fruit  Lasagna Roll-Up Mixed veg., Fruit	<b>22</b>	<b>23</b> Fish Sticks, Fries, Fruit  Walking Taco Fruit
<b>26</b> Pepperoni Pizza Salad, Fruit	<b>27</b>	<b>28</b> Pancakes, Bacon Veggie Box, Fruit  Teriyaki Chicken Dippers , Carrots, Rice, Fruit	<b>29</b>	<b>30</b> Meatloaf Mummies Peas, Cornbread, Fruit  Pizza Fingers, Fruit Dipping Sauce

