



November 2019

Elementary School Lunch Menu

Breakfast Cost \$ 1.50 Each Day
Lunch Cost \$ 2.75 Each Day
Extra Milk \$.50 Each

Monday

Tuesday

Wednesday

Thursday

Friday

USDA REQUIREMENT Students Must Select at Least 1 Item From the Vegetable or Fruit Varieties Offered Daily WG = Whole Grain				
Daily Entrée Choices Chef Salad with WG Breadstick and Crackers-Grades 3-6 OR WG Peanut Butter & Jelly Uncrustable & Cheese Stick & WG Crackers				
Daily Milk Choices 1% White 1% Chocolate 1% Strawberry				
4 WG Personal Pan Pizza Green Beans or Steamed Spinach Fruit Choice	5 WG Toasted Cheese Sandwich Tomato Soup or Green Peas WG Goldfish Crackers Fruit Choice	6 Meaty Nachos with WG Baked Scoops & Shredded Cheese Mixed Green Salad or Corn Fruit Choice	7 WG Mini Corn Dogs California Blend or Baked Beans Fruit Choice WG Cookie	1 Sloppy Joe on WG Bun Baked Curly Fries or Country Mixed Vegetables Fruit Choice Sidekicks Smoothie
11 WG Crispy Chicken Nuggets WG Cheetos Puffs Country Mixed Vegetables or Steamed Broccoli Fruit Choice	12 WG Stuffed Crust Pizza Green Peas or Steamed Carrots Fruit Choice WG Mini Rice Krispie Treat	13 Salisbury Steak with Brown Gravy WG Dinner Roll Mashed Potatoes or Green Beans Fruit Choice	14 WG Popcorn Chicken Baked Curly Fries or Baked Beans Fruit Choice WG Cookie	15 Brunch for Lunch! Bacon, Egg & Cheese Eggstravaganza Sausage Patty Seasoned Potato Stix Fruit or Juice Choice WG Muffin
18 Soft Taco with WG Tortilla and Salsa Corn or Mixed Green Salad Fruit Choice	19 WG Rectangle Pizza Green Beans or Fresh Baby Carrots & Ranch Dip Fruit Choice Fruit Snacks	20 THANKSGIVING DINNER Homemade Turkey and Gravy with WG Dinner Roll Mashed Potatoes Or Green Beans Fruit Choice WG Holiday Cookie	21 Hot Dog on WG Bun Baked Emoji Potatoes or Baked Beans Fruit Choice WG Cookie	22 Manager's Choice
25 WG Cheesy Nachos with WG Baked Scoops and Salsa Mixed Green Salad or Green Peas Fruit Choice	26 WG Bosco Sticks with Marinara Sauce Corn or Steamed Carrots Fruit Choice WG Scooby-Doo Graham Sticks	27	28	29

Thanksgiving Break

Breakfast Menu

Monday: November 4, 18

Whole Grain Muffins, Yogurt Cup

Monday: November 11, 25

Whole Grain Mini Pancakes, Syrup Cup

Tuesday: November 5, 19

Whole Grain Mini Pancake & Sausage Wraps, Syrup Cup

Tuesday: November 12, 26

Sausage, Egg & Cheese Eggstravaganza, Whole Grain Toast

Wednesday: November 6, 20

Whole Grain Donut Holes

Wednesday: November 13

Whole Grain Yeast Donut

Thursday: November 7, 21

Bacon, Egg & Cheese Eggstravaganza, Whole Grain Toast

Thursday: November 14

Biscuit & Sausage Gravy

Friday: November 8, 22

Sausage on whole Grain Croissant

Friday: November 1, 15

Whole Grain Funnel Cake

Daily Breakfast Choices

Entrée, Fruit Choice, Juice & Milk
OR
 Cereal, Fruit Choice, Juice & Milk

USDA REQUIREMENT

Students Must Select at Least 1 Item From the Vegetable or Fruit Varieties Offered Daily

This Menu is subject to change. Applications for Free and Reduced Meals are available at your school's office, or at www.jcsc.org. This institution is an equal opportunity provider.