



# September 2020

Lunch Cost \$ 2.85  
Extra Milk \$ .50 each

## St. Mary's School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

|  |  |  |   |  |
|--|--|--|---|--|
| <p><b>Daily Milk Choices</b><br/>1% White<br/>1% Chocolate<br/><br/>WG= Whole Grain</p>        | <p><b>1</b> WG Toasted Cheese Sandwich<br/>Tomato Soup<br/>WG Goldfish Crackers<br/>Fruit</p>                          | <p><b>2</b> Meaty Nachos &amp; Shredded Cheese with WG Baked Scoops or WG Soft Tortilla OR Corn<br/>Fruit</p>                            | <p><b>3</b> WG Mini Corn Dogs<br/>California Blend or Baked Beans<br/>Fruit<br/>WG Frosted Cookie</p> | <p><b>4</b> WG Quesadilla<br/>Baked Crinkle Fries<br/>Steamed Broccoli<br/>Fruit</p>                 |
| <p><b>7 NO SCHOOL</b></p>  | <p><b>8</b> WG Stuffed Crust Pizza<br/>Steamed Carrots<br/>Fruit<br/>WG Mini Krispie Treat</p>                         | <p><b>9</b> Gravy Salisbury Steak with Brown &amp; WG Dinner Roll &amp; 1 Margarine Cup<br/>Mashed Potatoes or Green Beans<br/>Fruit</p> | <p><b>10</b> WG Popcorn Chicken<br/>Baked Beans<br/>Fruit<br/>WG Cookie</p>                           | <p><b>11</b> WG Crispy Chicken on WG Bun<br/>Green Peas<br/>Fruit</p>                                |
| <p><b>14</b> WG Crispy Chicken Nuggets<br/>Steamed Broccoli<br/>WG Cheetos Puffs<br/>Fruit</p> | <p><b>15</b> WG Rectangle Pizza<br/>Fresh Baby Carrots &amp; Ranch Dip<br/>Fruit<br/>Fruit Snacks</p>                  | <p><b>16</b> Crispy Chicken Leg with WG Dinner Roll &amp; 1 Margarine Cup<br/>Mashed Potatoes<br/>Fruit</p>                              | <p><b>17</b> Hot Dog on Bun<br/>Baked Beans<br/>Fruit<br/>WG Frosted Cookie</p>                       | <p><b>18</b><br/><br/><b>Manager's Choice</b></p>  |
| <p><b>21</b> Cheeseburger on WG Bun<br/>Mixed Green Salad<br/>Fruit</p>                        | <p><b>22</b> WG Bosco Sticks with Marinara Sauce<br/>Steamed Carrots<br/>Fruit<br/>WG Scooby-Doo<br/>Graham Sticks</p> | <p><b>23</b> Homemade Turkey &amp; Noodles with WG Dinner Roll &amp; 1 Margarine Cup<br/>Mashed Potatoes<br/>Fruit</p>                   | <p><b>24</b> WG Chicken Tenders<br/>Baked Beans<br/>Fruit<br/>WG Cookie</p>                           | <p><b>25</b> Macaroni &amp; Cheese<br/>Country Mixed Vegetables<br/>Fruit<br/>Sidekicks Smoothie</p> |
| <p><b>28</b> WG Personal Pan Pizza OR<br/>Steamed Spinach<br/>Fruit</p>                        | <p><b>29</b> WG Toasted Cheese Sandwich<br/>Tomato Soup<br/>WG Goldfish Crackers<br/>Fruit</p>                         | <p><b>30</b> Meaty Nachos &amp; Shredded Cheese with WG Baked Scoops or WG Soft Tortilla OR Corn<br/>Fruit</p>                           | <p><b>USDA REQUIREMENT</b><br/><i>Students Must be Served ALL of the Components Offered Daily</i></p> |  |



**USDA REQUIREMENT**  
*Students Must Select at Least 1 Item From the Vegetable or Fruit Varieties Offered Daily*

8/11/2020

This Menu is subject to change. This institution is an equal opportunity provider. Applications for Free and Reduced meals are available at your school's office or at [www.jcsc.org](http://www.jcsc.org)