



November 2020

Breakfast Cost \$ 1.50
Lunch Cost \$ 2.75
Extra Milk \$.50 each

Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Personal Pan Pizza OR Cheeseburger on WG Bun Steamed Spinach Fruit	3 WG Toasted Cheese Sandwich OR Crispy Chicken on WG Bun Tomato Soup WG Goldfish Crackers Fruit	4 Meaty Nachos & Shredded Cheese with WG Baked Scoops OR Cheeseburger on WG Bun Corn Fruit	5 WG Mini Corn Dogs OR BBQ Rib on WG Bun Baked Beans Fruit WG Frosted Cookie	6 WG Quesadilla OR Tenderloin on WG Bun Baked Crinkle Fries Fruit
9 Philly Beef & Cheddar on WG Bun OR Cheeseburger on WG Bun Mixed Green Salad Fruit	10 WG Stuffed Crust Pizza OR Crispy Chicken on WG Bun Steamed Carrots Fruit WG Mini Krispie Treat	11 Salisbury Steak with Brown Gravy & WG Dinner Roll OR Cheeseburger on WG Bun Mashed Potatoes Fruit	12 WG Popcorn Chicken OR BBQ Rib on WG Bun Baked Beans Fruit WG Cookie	13 Crispy Chicken on WG Bun OR Tenderloin on WG Bun Green Peas Fruit
16 WG Crispy Chicken Nuggets OR Cheeseburger on WG Bun Steamed Broccoli WG Cheetos Puffs Fruit C	17 WG Rectangle Pizza OR Crispy Chicken on WG Bun Fresh Baby Carrots & Ranch Dip Fruit Fruit Snacks	18 Turkey and Gravy with WG Dinner Roll OR Cheeseburger on WG Bun Mashed Potatoes Green Beans Fruit WG Cookie	19 Hot Dog on WG Bun OR BBQ Rib on WG Bun Baked Beans Fruit WG Frosted Cookie	20 Manager's Choice At Least 1 Meat At Least 1 Bread
23 WG Asian Chicken with Fried Rice OR Cheeseburger on WG Bun Mixed Green Salad Fruit	24 WG Bosco Sticks with Marinara Sauce OR Crispy Chicken on WG Bun Steamed Carrots Fruit WG Scooby-Doo Graham Sticks	<div data-bbox="699 1068 1535 1208" data-label="Text"> <h1>THANKSGIVING BREAK</h1> </div>		
30 WG Personal Pan Pizza OR Cheeseburger on WG Bun Steamed Spinach Fruit		Daily Entree Choices- WG Peanut Butter & Jelly Uncrustable & Cheese Stick & WG Crackers OR Entrée Salad with WG Breadsticks	Daily Milk Choices 1% White 1% Chocolate 1% Strawberry WG=Whole Grain	USDA REQUIREMENT Students Must Select at Least 1 Item From the Vegetable or Fruit Varieties Offered Daily

Breakfast Menu:
Monday: November 2, 16, 30 Egg & Cheese Omelet On Whole Grain Croissant Monday: November 9, 23 Bacon, Egg & Cheese on Biscuit Tuesday: November 3, 17 Whole Grain Breakfast Pizza Tuesday: November 10, 24 Whole Grain Breakfast Tacos Wednesday: November 4, 11, 18 Sausage & Egg on Biscuit Thursday: November 5, 19 Biscuit & Sausage Gravy Thursday: November 12 Bacon, Egg & Cheese Eggstravaganza, Whole Grain Tortilla Friday: November 6, 20 Whole Grain Mini Pancake & Sausage Wrap, Syrup Cup Friday: November 13 Ham & Cheese on Whole Grain Croissant
Daily Breakfast Choices Entrée, Fruit Choice, Juice & Milk OR WG Cereal, Fruit Choice, Juice & Milk OR Choice of Grab & Go Items