



November 2020

Breakfast Cost \$ 1.50
Lunch Cost \$ 2.75
Extra Milk \$.50 each

High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Crispy Chicken on WG Bun OR Cheeseburger On WG Bun Baked French Fries and Steamed Spinach Fruit</p>	<p>3 WG Rectangle Pizza OR Crispy Chicken on WG Bun Baked French Fries and Fresh Baby Carrots & Ranch Dip Fruit WG Frosted Cookie</p>	<p>4 WG Soft Taco with Shredded Cheese OR Cheeseburger on WG Bun Baked French Fries and Mixed Green Salad Fruit</p>	<p>5 WG Mini Corn Dogs OR BBQ Rib on WG Bun Baked French Fries and Baked Beans Fruit WG Cookie</p>	<p>6 WG Bosco Sticks with Marinara Sauce OR Tenderloin on WG Bun Baked French Fries and Country Mixed Vegetables Fruit</p>
<p>9 Philly Beef & Cheddar on WG Bun OR Cheeseburger on WG Bun Baked Curly Fries and Mixed Green Salad Fruit</p>	<p>10 WG Quesadilla OR Crispy Chicken on WG Bun Baked French Fries and Steamed Carrots Fruit C WG Frosted Cookie</p>	<p>11 Salisbury Steak with Brown Gravy and WG Dinner Roll OR Cheeseburger on WG Bun Mashed Potatoes and Green Beans Fruit</p>	<p>12 WG Popcorn Chicken OR BBQ Rib on WG Bun Baked French Fries and Baked Beans Fruit WG Cookie</p>	<p>13 Cheese Ravioli with WG Breadstick OR Tenderloin on WG Bun Baked French Fries and Corn Fruit</p>
<p>16 WG Crispy Chicken Nuggets OR Cheeseburger on WG Bun Baked French Fries and Steamed Broccoli Fruit WG Nacho Cheese Doritos</p>	<p>17 WG Round Pizza OR Crispy Chicken on WG Bun Baked French Fries and Fresh Baby Carrots & Ranch Dip Fruit WG Frosted Cookie</p>	<p>18 Turkey and Gravy with WG Dinner Rolls OR Cheeseburger on WG Bun Baked French Fries or Mashed Potatoes and Peas & Carrots Fruit WG Cookie</p>	<p>19 Hot Dog on WG Bun OR BBQ Rib on WG Bun Baked French Fries and Baked Beans Fruit WG Cookie</p>	<p>20 Manager's Choice At Least 2 Meats At Least 2 Breads</p>
<p>23 WG Asian Chicken with Fried Rice OR Cheeseburger on WG Bun Baked French Fries and Mixed Green Salad Fruit</p>	<p>24 WG Toasted Cheese Sandwich OR Crispy Chicken on WG Bun Baked French Fries and Tomato Soup Fruit WG Frosted Cookie</p>	<p>25</p>	<p>26</p>	<p>27</p>
<div data-bbox="699 1101 1549 1230" data-label="Section-Header"> <h1>THANKSGIVING BREAK</h1> </div>				
<p>30 Crispy Chicken on WG Bun OR Cheeseburger On WG Bun Baked French Fries and Steamed Spinach Fruit</p>		<p style="text-align: center;">USDA REQUIREMENT <i>Students Must Select at Least 1 Item From the Vegetable or Fruit Varieties Offered Daily</i></p>	<p style="text-align: center;">Daily Entree Choices- WG Peanut Butter & Jelly Large Uncrustable OR Entrée Salad with WG Breadsticks OR Ham & Cheese on WG Bun</p>	<p style="text-align: center;">Daily Milk Choices- 1% White 1% Chocolate 1% Strawberry WG= Whole Grain</p>

Breakfast Menu:

Monday: November 2, 16, 30
Egg & Cheese Omelet On Whole Grain Croissant

Monday: November 9, 23
Bacon, Egg & Cheese on Biscuit

Tuesday: November 3, 17
Whole Grain Breakfast Pizza

Tuesday: November 10, 24
Whole Grain Breakfast Taco

Wednesday: November 4, 11, 18
Sausage & Egg on Biscuit

Thursday: November 5, 19
Biscuit & Sausage Gravy

Thursday: November 12
Bacon, Egg & Cheese Eggstravaganza, Whole Grain Tortilla

Friday: November 6, 20
Whole Grain Mini Pancake & Sausage Wrap, Syrup Cup

Friday: November 13
Ham & Cheese on Whole Grain Croissant

Daily Breakfast Choices
Entrée, Fruit Choice, Juice & Milk
OR
WG Cereal, Fruit Choice, Juice & Milk
OR
Choice of Grab & Go Items