



# March 2020

## Middle School Lunch Menu

**Breakfast Cost \$ 1.50 Each**  
**Lunch Cost \$ 2.75 Each**  
**Extra Milk Cost \$ .50 Each**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> WG Cheesy Nachos with WG Baked Scoops <b>OR</b> Cheeseburger on WG Bun Mixed Green Salad or Green Peas Fruit Choice	<b>3</b> WG Bosco Sticks with Marinara Sauce <b>OR</b> WG Crispy Chicken on WG Bun Corn or Steamed Carrots Fruit Choice WG Scooby-Doo Graham Sticks	<b>4</b> Homemade Turkey & Noodles with WG Dinner Roll <b>OR</b> Cheeseburger on WG Bun Mashed Potatoes or Green Beans Fruit Choice	<b>5</b> WG Chicken Tenders <b>OR</b> BBQ Rib on WG Bun Broccoli or Baked Beans Fruit Choice WG Cookie	<b>6</b> WG Macaroni & Cheese <b>OR</b> WG Tenderloin on WG Bun <b>OR</b> WG Cheese Pizza Country Mixed Vegetables or Coleslaw Fruit Choice Sidekicks Smoothie
<b>9</b> WG Personal Pan Pizza <b>OR</b> Cheeseburger on WG Bun Green Beans or Steamed Spinach Fruit Choice	<b>10</b> WG Toasted Cheese Sandwich <b>OR</b> WG Crispy Chicken on WG Bun Tomato Soup or Green Peas WG Goldfish Crackers Fruit Choice	<b>11</b> Meaty Nachos & Shredded Cheese WG Baked Scoops or WG Soft Tortilla <b>OR</b> Cheeseburger on WG Bun Mixed Green Salad or Corn Fruit Choice	<b>12</b> WG Mini Corn Dogs <b>OR</b> BBQ Rib on WG Bun California Blend or Baked Beans Fruit Choice WG Cookie	<b>13</b> WG Quesadilla <b>OR</b> WG Tenderloin on WG Bun <b>OR</b> WG Cheese Pizza Baked Crinkle Fries or Steamed Broccoli Fruit Choice
<b>16</b> WG Cheese Ravioli with WG Breadstick <b>OR</b> Cheeseburger on WG Bun Country Mixed Vegetables or Mixed Green Salad Fruit Choice	<b>17</b> WG Stuffed Crust Pizza <b>OR</b> WG Crispy Chicken on WG Bun Steamed Carrots or Corn Fruit Choice WG St. Patrick's Day Cookie	<b>18</b> Salisbury Steak with Brown Gravy with WG Dinner Roll <b>OR</b> Cheeseburger on WG Bun Mashed Potatoes or Green Beans Fruit Choice	<b>19</b> WG Popcorn Chicken <b>OR</b> BBQ Rib on WG Bun Baked Curly Fries <b>or</b> Baked Beans Fruit Choice WG Cookie	<b>20</b> WG Crispy Chicken on WG Bun <b>OR</b> WG Tenderloin on WG Bun <b>OR</b> WG Cheese Pizza Green Peas or California Blend Fruit Choice
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
SPRING BREAK				
<b>30</b> WG Crispy Chicken Nuggets <b>OR</b> Cheeseburger on WG Bun Corn or Steamed Broccoli WG Cheetos Puffs Fruit Choice	<b>31</b> WG Rectangle Pizza <b>OR</b> WG Crispy Chicken on WG Bun Fresh Baby Carrots & Ranch Dip or Green Beans Fruit Choice Fruit Snacks	<u><b>USDA REQUIREMENT</b></u> Students Must Select at Least 1 Item from the Vegetable or Fruit Varieties Offered Daily	<u><b>Daily Entree Choices</b></u> WG Peanut Butter & Jelly Uncrustable & Cheese Stick & WG Crackers <b>OR</b> Entrée Salad with WG Breadsticks	<u><b>Daily Milk Choices-</b></u>  1% White 1% Chocolate 1% Strawberry  WG= Whole Grain

**Breakfast Menu**

**Monday: March 2, 16**  
Bacon, Egg & Cheese on Biscuit

**Monday: March 9, 30**  
Egg & Cheese Omelet on Whole Grain Croissant

**Tuesday: March 3, 17**  
Whole Grain Breakfast Sliders

**Tuesday: March 10, 31**  
Whole Grain Breakfast Pizza

**Wednesday: March 4, 11, 18**  
Sausage & Egg on Biscuit

**Thursday: March 5, 19**  
Bacon, Egg & Cheese Eggstravaganza, Whole Grain Tortilla

**Thursday: March 12**  
Biscuit & Sausage Gravy

**Friday: March 6, 20**  
Whole Grain Honey Chicken On Biscuit

**Friday: March 13**  
Whole Grain Mini Pancake & Sausage Wraps, Syrup Cup

**Daily Breakfast Choices**

Entrée, Fruit Choice or Juice & Milk  
**OR**  
 Cereal, Fruit Choice, Juice & Milk  
**OR**  
 Choice of Grab & Go Items

**USDA REQUIREMENTS**  
 Students Must Select at Least 1 Item from the Fruit Varieties Offered Daily.

This Menu is subject to change. Applications for Free and Reduced Meals are available at your school's office, or at [www.jcsc.org](http://www.jcsc.org). This institution is an equal opportunity