



# January 2021

## Middle School Lunch Menu

Breakfast Cost \$ 1.50  
Lunch Cost \$ 2.75  
Extra Milk \$ .50 each

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<b>Daily Milk Choices</b> 1% White 1% Chocolate  WG= Whole Grain	<b>USDA REQUIREMENT</b> Students Must Select at Least 1 Item From the Vegetable or Fruit Varieties Offered Daily	<b>Daily Entree Choices-</b> WG Peanut Butter & Jelly Uncrustable & Cheese Stick & WG Crackers  <b>OR</b> Entrée Salad with WG Soft Pretzel		<b>1 NO SCHOOL</b>
<b>4 NO SCHOOL</b>	<b>5</b> WG Toasted Cheese Sandwich <b>OR</b> Crispy Chicken on WG Bun Tomato Soup WG Goldfish Crackers Fruit Choice	<b>6</b> Meaty Nachos & Shredded Cheese with WG Baked Scoops or WG Soft Tortilla <b>OR</b> Cheeseburger on WG Bun Corn Fruit Choice	<b>7</b> WG Mini Corn Dogs <b>OR</b> BBQ Rib on WG Bun Baked Beans Fruit Choice WG Frosted Cookie	<b>8</b> WG Quesadilla <b>OR</b> Tenderloin on WG Bun Baked Crinkle Fries Fruit Choice
<b>11</b> Philly Beef & Cheddar on WG Bun <b>OR</b> Cheeseburger on WG Bun Mixed Green Salad Fruit Choice	<b>12</b> WG Stuffed Crust Pizza <b>OR</b> Crispy Chicken on WG Bun Steamed Carrots Fruit Choice WG Mini Krispie Treat	<b>13</b> Salisbury Steak with Brown Gravy & WG Dinner Roll <b>OR</b> Cheeseburger on WG Bun Mashed Potatoes Fruit Choice	<b>14</b> WG Popcorn Chicken <b>OR</b> BBQ Rib on WG Bun Baked Beans Fruit Choice WG Cookie	<b>15</b> Crispy Chicken on WG Bun <b>OR</b> Tenderloin on WG Bun Green Peas Fruit Choice
<b>18</b> MLK Day No School	<b>19</b> WG Rectangle Pizza <b>OR</b> Crispy Chicken on WG Bun Fresh Baby Carrots & Ranch Dip Fruit Choice Fruit Snacks	<b>20</b> Crispy Chicken Leg with WG Dinner Roll <b>OR</b> Cheeseburger on WG Bun Mashed Potatoes Fruit Choice	<b>21</b> Hot Dog on WG Bun <b>OR</b> BBQ Rib on WG Bun Baked Beans Fruit Choice WG Frosted Cookie	<b>22</b> Manager's Choice  At Least 1 Meat At Least 1 Bread
<b>25</b> WG Asian Chicken with Fried Rice <b>OR</b> Cheeseburger on WG Bun Mixed Green Salad Fruit Choice	<b>26</b> WG Bosco Sticks with Marinara Sauce <b>OR</b> Crispy Chicken on WG Bun Steamed Carrots Fruit Choice WG Scooby-Doo Graham Sticks	<b>27</b> Homemade Turkey & Noodles with WG Dinner Roll <b>OR</b> Cheeseburger on WG Bun Mashed Potatoes Fruit Choice	<b>28</b> WG Chicken Tenders <b>OR</b> BBQ Rib on WG Bun Baked Beans Fruit Choice WG Cookie	<b>29</b> Macaroni & Cheese <b>OR</b> Tenderloin on WG Bun Coleslaw Fruit Choice Sidekicks Smoothie

### Breakfast Menu:

**Monday: January 4, 18**  
No School  
**Monday: January 11, 25**  
Bacon, Egg & Cheese on Biscuit  
**Tuesday: January 5, 19**  
Whole Grain Breakfast Pizza  
**Tuesday: January 12, 26**  
WG Sausage & Gravy Breakfast Pizza  
**Wednesday: January 6, 13, 20, 27**  
Sausage & Egg on Biscuit  
**Thursday: January 7, 21**  
Biscuit & Sausage Gravy  
**Thursday: January 14, 28**  
Bacon, Egg & Cheese Eggstravaganza  
Whole Grain Tortilla  
**Friday: January 8, 22**  
Whole Grain Mini Pancake & Sausage Wrap, Syrup Cup  
**Friday: January 15, 29**  
Ham & Cheese on Whole Grain Croissant

### Daily Breakfast Choices

Entrée, Fruit Choice, Juice & Milk  
**OR**  
WG Cereal, Fruit Choice, Juice & Milk  
**OR**  
Choice of Grab & Go Items