



October 2021

1st Lunch/Breakfast Free
 Extra Lunch Cost \$ 2.75
 Extra Breakfast Cost \$ 1.50
 Extra Milk \$.50

Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Milk Choices 1% White 1% Chocolate 1% Strawberry 1% Orange Cream	USDA Requirement Students Must Select at Least 1 Item from the Fruit Varieties Offered Daily	Daily Breakfast Choices - Entrée, Fruit Choice, Juice & Milk OR Cereal, Fruit Choice, Juice & Milk Grab and Go item, Fruit or Juice and Milk		¹ Bosco Stix with Marinara Sauce OR Tenderloin on Bun Steamed Broccoli AND/OR Cheesy Cauliflower Fruit Choice
⁴ Wild Mike's Round Pizza OR Cheeseburger on Bun Fresh Broccoli with Ranch AND/OR Green Beans Fruit Choice	⁵ Toasted Cheese Sandwich OR Crispy Chicken on Bun Tomato Soup AND/OR Green Peas Fruit Choice Goldfish	⁶ Country Fried Steak & Gravy with Dinner Roll OR BBQ Rib on Bun Mashed Potatoes AND/OR Green Beans Fruit Choice	⁷ Mini Corn Dogs OR Cheeseburger on Bun Cauliflower AND/OR Baked Beans Fruit Choice Cookie	⁸ Quesadilla OR Tenderloin on Bun Cheesy Broccoli AND/OR Baked Crinkle Cut Fries Fruit Choice
11 Fall Break	12 Fall Break	13 Fall Break	14 Fall Break	15 Fall Break
¹⁸ Popcorn Chicken OR Cheeseburger on Bun Tangy Cucumber & Tomato Salad AND/OR Country Mixed Vegetables Fruit Choice	¹⁹ Meaty Nachos OR Crispy Chicken on Bun Mixed Green Salad AND/OR Taco Fiesta Black Beans Fruit Choice Rice Krispies	²⁰ Crunchy Hawaiian Chicken Wrap OR BBQ Rib on Bun Roasted Chickpeas AND/OR Corn Fruit Choice	²¹ Pulled Pork Barbecue OR Cheeseburger on Bun Coleslaw AND/OR Baked Curly Fries Fruit Choice	²² Stuffed Crust Pizza OR Tenderloin on Bun Steamed Carrots AND/OR Fresh Broccoli with Ranch Fruit Choice
²⁵ Hot Dog & Bun OR Cheeseburger on Bun Mixed Green Salad AND/OR Sweet Potato Fries Fruit Choice	²⁶ Creamy Mac& Cheese OR Crispy Chicken on Bun Tangy Cucumber & Tomato Salad AND/OR Steamed Carrots Fruit Choice Scooby Snacks	²⁷ Crispy Chicken Leg with Dinner Roll OR BBQ Rib on Bun Mashed Potatoes AND/OR Green Peas Fruit Choice	²⁸ Manager's Choice Baked Beans AND/OR Manager's Choice Fruit Choice Cookie	²⁹ Asian Chicken with Veggie Fried Rice OR Tenderloin on Bun Far East Blend AND/OR Bagged Carrots with Ranch Fruit Choice

Breakfast

Monday 20 Egg, Cheese Biscuit Fruit or Juice Milk	Tuesday 7, 21 Breakfast Pizza Fruit or Juice Milk	Wednesday 8, 22 Chicken Biscuit Fruit or Juice Milk	Thursday 9, 23 Biscuits & Gravy Fruit or Juice Milk	Friday 10, 24 French Toast sticks Syrup cup Fruit or Juice Milk
Monday 13, 27 Bacon, Egg, Cheese Biscuit Fruit or Juice Milk	Tuesday 14, 28 Bagel & Cream Cheese Fruit or Juice Milk	Wednesday 1, 15, 29 Sausage & egg Biscuit Fruit or Juice Milk	Thursday 2, 16, 30 Bacon, Egg, Cheese Eggstravaganza Fruit Choice Milk	Friday 3, 17 Gold Apple Oatmeal Fruit or Juice Milk

This menu is subject to change. This institution is an equal opportunity provider. Free and Reduces applications are available in the school Office or at www.jcsc.org.